

*It is time to discover Divine Quality.
Divine Quality gives a Creative Experience
of our often sleeping Pure Potential.*

You are a universe within yourself. Come on a unique journey to shape your new reality. For those who live in one world that pays the bills, the other a world that fits your ethics, values, and consciousness. Welcome to your unfolding. You're invited to cross the bridge between your two worlds and create one world within, through and around you.

Welcome to a place where you can relax, knowing that the turmoil in the world is giving everyone an opportunity to come home where they are called to be. The choice is ours, more than it has ever been. It is not a coincidence that this book came to you.

In this time of now when no plan is guaranteed, as it was just some years ago, many of us choose to listen inwardly, asking ourselves about what gives our life meaning and joy. Survival is not only physical and financial but also social and emotional.

Life has opened up opportunities to take care of our well-being and many of us have heightened our inner guidance and consciousness. We have accelerated our energy with the help of nature and experienced joy at a higher level. Our working world asks us to be a productive element in society and to contribute, but our efforts to take responsibility for ourselves and our planet have been marginalised as something that we should do in our spare time, as a hobby. We are encouraged by society to do some small changes in our lifestyle that we know are not enough.

We have started to live a life where we are divided into two parts, or even many parts. A place in life where we can't dwell for too long, without consequences. But these diversities in life have a treasure residing within. That is what we shall examine, and are invited to practice, throughout this book.

You will be shown a parallel reality to the one seen by your external vision. A reality that has always been there, residing inward in every here and now. The breath of Creation.

I invite you to the sensation of your true vital force and creativity. Enabling you to navigate your path to happiness. Dearly beloved, we welcome you into an amazing and magic ride, that is yourself!



UNFOLDING
Awakening to your Pure Potential

Inaya Oakroot

Discovering Divine Quality

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inaya@oakrootspiritualacademy.com

www.oakrootspiritualacademy.com

@inaya_oakroot

#Oakroot

Previous books by Inaya Oakroot

This Creative Existence - Unfolding a New Conscious World

2016 in Swedish and 2017 in English

Dreamstate - Where you bring forth your being

2018

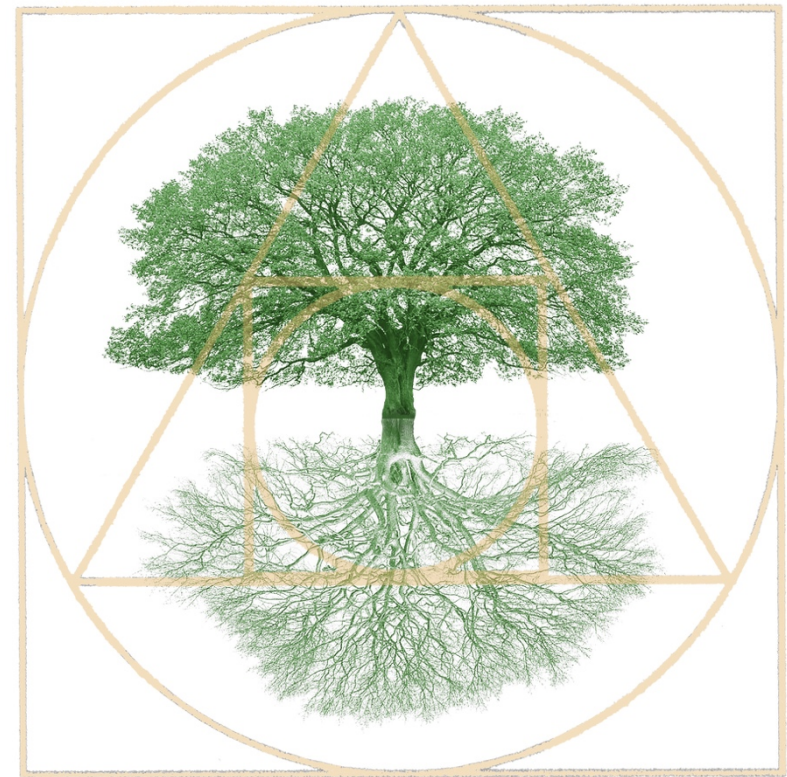
To my beloved husband

Håkan

Who has always back me in his silent way.

Ploughing lands for the joy of being of service.

Unfolding your Divine Duality



OAKROOT
Spiritual Academy

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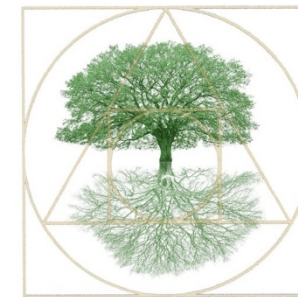
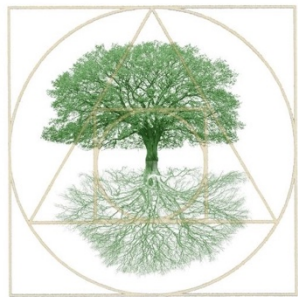


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ABOUT THE AUTHOR

Inaya Oakroot

Born in Sweden as Cesilia Ekroth 1962.

Inaya has dedicated herself to the artistic path since the age of 5.

She was always guided to other realities other than the common well-worn routes in life.

Her art was her tool in her lifelong investigation into an authentic life beyond the veil taught by society.

She started her career as a tennis coach at the age of 14. Over her 30-year career as a tennis coach, she trained 5 to 60-year-olds, male and female, beginners and juniors at a high level of competition. This created an incredible understanding of people and what makes them tick, their motivations, and their behaviours.

All the while she combined her love and talent for art with various art exhibitions in Scandinavia and abroad, becoming successful beyond her wildest expectations.

By the age of 40, she started her next chapter as a consultant, board member and creator of educational programs for the corporate and public sectors.

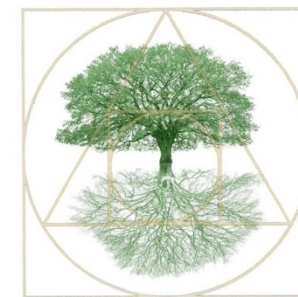
Her speciality was implementing creativity and entrepreneurship with the intention to eliminate the separation between the different fields of excellence. Her drive was to break down those silos between departments and between different authority levels and help teams to operate at the highest level of performance, staying competitive in a changing world.

She was also the owner and operator of a refugee camp for four years. Bringing her face to face with trauma, war, separation, death, and loss.

Her work then led her to write various books about the coming of a new reality and the shift of consciousness, helping people to navigate the new paradigm.

The last 8 years have been dedicated to the healing arts, as a sound healer, and energy healer, specialising in the akashic records, plus shamanic studies and practices through Energy Medicine Institute (EMI). As well as being an artist, and author, while still working in the corporate world with teams as a leadership coach.

She is now the founder of Oakroot Spiritual Academy, bringing her life's work together under one roof to connect seekers to their Divine Duality. Doing her part for Earth and its people's ascension.



DEDICATION

I have such incredible beloveds who make my life thrive.

A web of love where I will name the ones whom I've had a vivid relationship with while writing this book, influencing so much of the content.

First, my beloved husband and Earth Angel Håkan, who in your silent way, holds all of my sacred work as time unfolds. All my love back to you.

My gratitude to my beloved soul sister Chaplin, whom I had daily voice messages of wisdom with throughout the whole writing process, from our two opposite continents of the Globe. We experience such a wonder of life together.

To Neppe, Barbro and Lotta who in, perfect synchronicity, invited me to a wonderful evening with sharing and authentic music. Our evening helped me to get through the vulnerability at the start of writing this book.

To my beloved Marijke, with whom I had a great art session in the middle of it all, helping me to break through the confusion and come out the other side and for gently photographing me for this book.

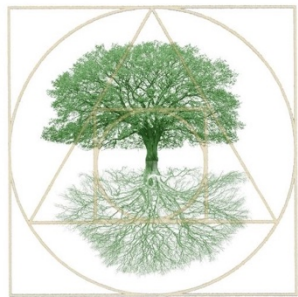
To my beloved sisters in my sacred circle of womanhood, Meymuna, Anna, Klara, Elin and our guest Audrey, where we are in a place of true authentic self, held by our mutually created heartfelt sacred space.

To my dear fellows from around the Globe, gathered in quiet meditations daily, and our pod "JIMBA".

To my magical team at Energy Medicine Institute, with Lou, Katrena and Vicki as my beloved teachers.

And my humble gratitude to all my guides, holding space for me, and my main guide during this process, Archangel Raphael. You guided me through such an amazing journey, gently moving my soul into the process and its content. Sometimes moving my pen and the buttons of the computer, with my body just following.

I am in such gratitude to you all.



THE WELCOME

*Humanity has come to a portal
and the question is*

*Do we want to discover a totally
new dimension of existence or is it
fine to stay where we are?*

*Will we take ourselves over the
threshold?*

Welcome to a place where you can relax, knowing that the turmoil in the world is giving everyone an opportunity to come home where you are called to be.

The choice is ours, more than it has ever been.

It is not a coincidence that this book came to you.

In this time of now when no plan is guaranteed, as it was just some years ago, many of us choose to listen inwardly, asking ourselves about what gives our life meaning and joy.

Survival is not only physical and financial but also social and emotional.

Life has opened up opportunities to take care of our well-being and many of us have heightened our inner guidance and consciousness.

We have accelerated our energy with the help of nature, art, yoga, music, sports... and experienced joy at a higher level.

The corporate world asks us to be a productive element in society and to contribute, but our efforts to take responsibility for ourselves and our

planet have been marginalised as something that we should do in our spare time, as a hobby.

We are encouraged by society to make small changes in our lifestyle that we know are not enough to help the planet become sustainable.

We have started to live a life where we are divided into two parts, or even many parts. A place in life where we can't dwell for too long, without consequences.

But these diversities in life have a treasure residing within.

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A reality that has always been there, residing inward in every here and now.

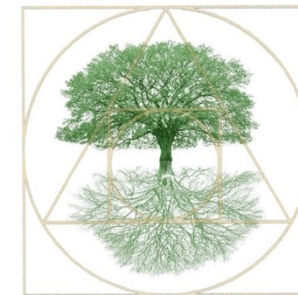
The Breath of Creation.

It will take your deep presence to become living in the film, that is this book.

I invite you to the sensation of your true vital force and creativity.

Enabling you to navigate your path to happiness.

Dearly beloved, we welcome you into an amazing and magical ride, that is yourself!



HOW TO USE THIS BOOK

UNFOLDING

Awakening to your Pure Potential

is written to change the paradigm of the misuse of duality.

The reading will take you on a trip into the unseen world.

The world beyond the veils, that rules our lives.

Reading the book will challenge a very well-used perception of life, created by the unbalanced use of male and female powers, now on its way to falling apart.

The reading will challenge you to look at the world with renewed fresh eyes. It will still talk to your logical mind, to enable you to grasp the concept of healthy duality. The Divine side of duality.

Logic will not be used as it used to be but will challenge the two hemispheres of your brain to collaborate.

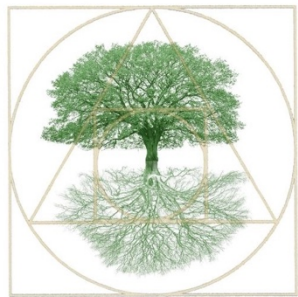
Old behaviours of how to come to success will be challenged. It is a book that will take you into awareness of your inherent world, and the shift will take your full capacity of presence.

The use of this book will lead you to another way of operating here on Earth, where we are in collaboration with our planet and her magical resources.

As you read, there are parts that you can practice if you want to. If you do the practices, you will be gifted back a life of peace and beauty.

We recommend you read the book initially straight through just to get the insights that suit you and create your own experience from that.

We do not recommend that you read it here and there or from the end as one concept builds on the next to create the full picture.



MY STORY

All my life I have had one dedication: to explore the beauty and abundance of this planet.

As a pioneer, I have taken the steps into the insights that are guiding me, wherever they lead.

The content of this book, using duality in another way, started naturally when I was five years old. The age when we live so close to our Divine origin.

One Easter morning I sat with my three year older brother, at each side of the kitchen table, drawing and painting. My brother was talented and drawing a burning car at full speed, and I painted some kids with hair in different colours, striped in various patterns.

My father and mother were in the room, and my mother burst out, "Oh you kids are so talented you could be artists!"

And my father replied, "Not Cesilia (it was my name at that time), but maybe Stefan (my brother)."

Something strange happened there and then.

I got so sad.

Not in the way you'd expect from a situation like that.

A film was shown in front of me, picturing my heart being taken out of my body.

I understood that I was an artist. If I wasn't, I wouldn't exist.

Art has always been my destiny. Art ever since then, has always been my life.

This was my first memory of how a film takes place inside of me. As a whole chain of information, when I come to a threshold.

A film starts with the present scenario and then shifts angles to continue filming from another standpoint. All happening in one flash.

In my daily life, whenever someone asks me a question, I answer with knowledge that seems so much wiser than I am.

Especially in my darkest moments. I clearly sensed how another part of myself is watching me and all of the drama, without emotions, with a calm loving joy. A parallel self, never afraid of dying or of any threat.

It is not until now, being in shamanic studies, and before that being able to read, and realign souls in the Akashic records, that I can sort out my operating system.

Purifying the spheres of my oversoul, that carries karma, I came to the point of meeting my Higher Self, that was the one.

The parallel self, that always had the biggest impact on my choices in life.

Making my way of living different than the way I was taught to live, from family and society.

Later on in life this is the gift that makes me shift realities with the understanding that I am constantly guided.

I am now able to sort out, which ideas are me personally, and what comes from my Higher Self or guidance from elsewhere.

Depression was a part of my education; as well as the discovery of every other human condition in all its forms. The beingness, sublimations, transformations and transmutations and the limits beyond the limits.

At the age of 14, I started my “career” as a tennis coach, combined with normal school.

This made it easy to skip the ordinary 40-hour work week when I finished my 12 years of school.

I used the time to explore the arts in different fields, including sports... and it increased in variety as a designer, scenographer¹, performances, exhibitions at halls of art and an international surrealistic show of garments.

My grandmother and I had one day a week together in nature. She taught me the Nordic traditions of the wild wood, and its treasures of wisdom and harvest. My connection with her balanced my multidimensional inner life.

I travelled around the world in search of belonging, not feeling at home in my city or country.

¹ A scenographer or production designer, develops the appearance of a stage design, a TV or movie set, a gaming environment, a trade fair exhibition design or a museum experience exhibition design. The term originated in theatre.

During this time my close friend who was travelling with me came into mental illness and committed suicide. My world fell apart like a house of cards.

Filled with guilt and grief, afraid of my own power I met the father of my soon-to-be daughter.

A life in total misery unfolded for the next four years.

Experiencing the deep shadow of being without boundaries. Somehow during the four years, I reached fame both as an artist and for my coaching, becoming a head coach.

I entered the outskirts of duality, a double life. One beaten and torn down, and the other one in magical mastery.

The guides were working with me so powerfully in these times of pressure, I finally got the strength to leave with only my daughter in tow.

A new start from zero. After many court trials, I got my daughter and I got a hidden address, with a ruling he is not to be in contact with me.

10 years of a hidden address, was a time living with minimal resources, money, friends or space to move in a normal way.

With creativity I found pathways to still live in my inner reality, following the dreams that were unfolding.

With minimal options, I was guided. It made me safe; forever knowing that all will work out.

My healing tools were creativity, planetary sounds, stones, being in love with my daughter and responsibility for her, and restoring an old house, that was without water and electricity, to live in.

Starting a new life from scratch.

The father of my daughter would often find where we were usually resulting in our address being uncovered. However, due to my inner guidance, I would have a knowing of where to be and where not to be.

I had started to have that “knowing” of where he was before my escape, making leaving possible. I had to stop having an energetic cord with this man. When I left, I shifted my outer appearance and vibration.

My daughter and I were in a state that needed many many years to recover, and with the involvement of the Government’s Social Services Department, became a new burden to endure.

I had to drop my personal way of dressing, and instead, try to fit into the norms. To be accepted into their view of reality was a new challenge for me.

When my art was in an exhibition travelling around Scandinavia, I got work as a marketer at the hall of art in the new city, my life started on a new ride.

Different assignments led me to work with new ideas for a small city. At one point, I was working on planning a new structure for the city, that had grown out of its old structures.

It seemed to me, that life wanted me to understand the laws of our society. I was in touch with the rulers of society, politics and officials, and saw the small results coming from the brilliant work of the people.

I experienced how nobody at the top really cared about more than position, innate structures and power. I saw that they didn't have the ability to execute the work that they were talking about doing.

By that stage, I changed my focus, working as a consultant in companies with the mission to make the different specialities of knowledge collaborate with each other, making results greater than the input.

I wanted the ideas to shine with inspiration, vision and overcome ignorance.

This took me to different positions as a writer of educational concepts, used by the community, teaching workshops, working as the lead coach (after an ICF² coaching degree) with their teams and various assignments on boards.

Finally as a collaborator in a small university team creating a brand for the Education of Entrepreneurship curriculum. While at the same time running a refugee camp with 12 different nationalities and their different

²International Coaching Federation (ICF)

religions all living in the same house. We became a family that taught me so much.

The investigation of entrepreneurship, combined with the investigation of religions took me beyond the academic, and into writing books. This is my third book and won't be my last.

Through the wisdom of guided writings, I came to understand the healing power of sound at a deeper level. The origin of Creation. The hidden structure that has always been guiding my way, became visible. The new occupation as a sound healer unfolded itself, and with that, guided meditations, retreats and workshops formed by the content in my books.

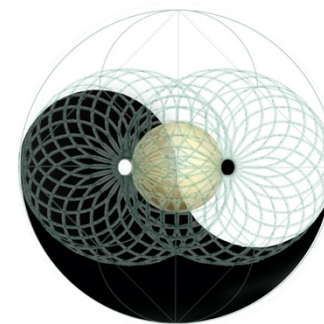
Finally coming home within myself and my mission, I encountered Lou Reed and her brilliant work through Energy Medicine Institute (EMI). Nothing was missing from my guidance, and I could finally relax, becoming a student of EMI's energy healing and Shamanic Sage wisdom, and merging it with my previous skills and experiences.

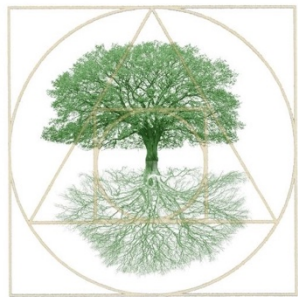
This book is a result of combining my two previous books, with the theme of Divine Duality, and my guidance from Katrena Friel, the Business Mentor at EMI.

During my writing with a strict time deadline, I was taken into a typhoon of information day and night from my guides. My job was to be physically stable, allowing it to come into form, right till the end. My Higher Self, created the structure through me.

I am happy, that this time, I have Katrena helping me, taking it further, making it easier to grasp. To ensure the content meets the needs of human life on Earth.

*It is time to
Discover
Divine Quality*





INTRODUCTION

*Quality is not a split.
Quality is an
Expansion.*

Duality is Oneness expanding.

Becoming able to interact with itself.

When seeing life from this viewpoint, the shift that it will create, we are set free to be fully in connection with all our inherent intelligences.

We will be connected to the great web of life.

Our vast potential.

Duality

Every moment, every thought, act and sensation are conceived by relations³.

We just can't breathe without getting air into our lungs. The relation between our inhale and the surrounding air. Our cells react to the experience.

Here we will explore the most elemental of relations, where change and possibilities are dormant, to be birthed by our intentions: the counterparts of duality; dark and light, the universal Mother and Father.

The polarity that is life on Earth.

What we will explore here is what their cooperation creates. The use of polarity to come to an understanding that will change your life into one of pure potential.

³ The way in which two or more things are connected.

The two counterparts: the Mother and the Father, the originators of duality, and what is conceived by their interrelation in the liminal⁴ space, is the Child.

Life is in duality.

The duality that often is shamed as something we should keep away from, to be "good" humans. Judging things, people, jobs, and places as better than another.

Discriminating. That which we have been playing out on our planet Earth. All the misuse of human potential, putting us into conflict and draining the planet.

Inverted duality has steered the world, and made us perceive life without even acknowledging what we take for granted.

But as creatures born with a choice, duality is also the threshold where creativity takes place. The place where the new paradigm on Earth is heading.

⁴ The word "liminal" comes from the Latin word "limen," which means threshold. To be in a liminal space means **to be on the precipice of something new but not quite there yet**. You can be in a liminal space physically, emotionally, or metaphorically.

Our divine gift of free will.

The reason that we can change direction when we aren't satisfied with our lives.

The possibility arena to create our life that suits our original and authentic personality. Our secret dreams within us.

A dear friend and previous colleague of mine, Athina, once said, "One day you tell me about a vision of yours, a vision that would take several years of education, and good fortune to come to fruition. Then when I see you three months later you are already there, living it!"

Yes, my way of living and experiencing life has taken me down a variety of roads, exploring area after area, in a kind of seamless transition between different worlds, containing new consciousnesses each time.

Now with my rear-view mirror, I can see what made all the rapid establishments possible. With the codes undressed, I am now able to spread the wisdom to the ones willing to practice it in their own way.

For you to fulfil your dreams.

The reality of magic comes from the way we perceive and treat life.

We have all heard it so many times and might be spreading it to others, but to me, it seems that the core perspective still has been missed, to really make us able to practice the wisdom.

What occurs in your relationships?

Do they confirm your already experienced reality?

Or do they challenge you to lose one idea and behaviour, for another?

Are you hanging with the ones who have the same beliefs as you?

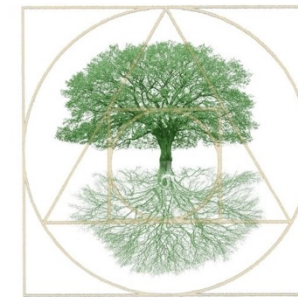
Or have you found the liminal space between you and others seemingly with different ideas?

The curiosity of their worldview.

Then you already have found the love residing in the connection of polarities and the wide world of possibilities within.

The formula for change takes courage and creates magic. The safest place where we can be, in these times of uncertainty.

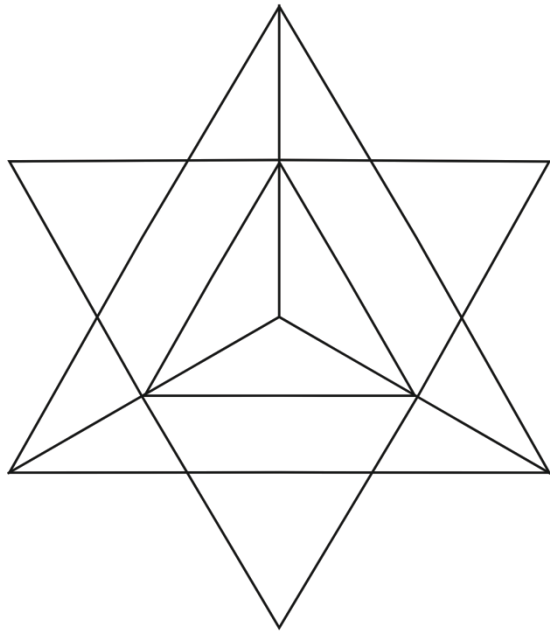
My wish is that this book will deliver that challenge to change, from within us and our societies.



THE UNFOLDING PATHWAY

Introducing the Merkabah

The energy field around all living beings and duality in its divine form.

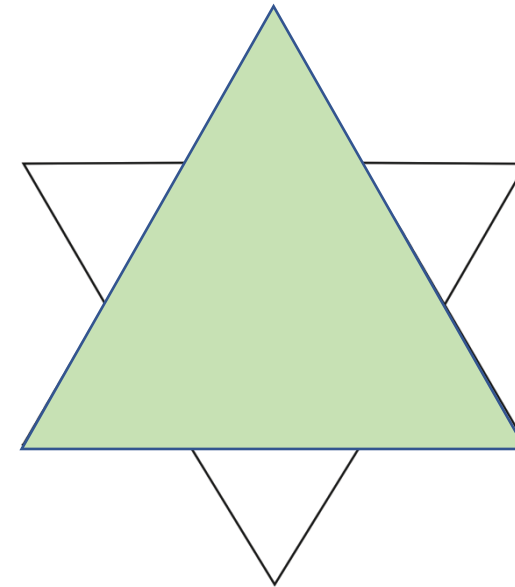


Combines opposing energies in perfect balance: masculine and feminine, earth and cosmos.

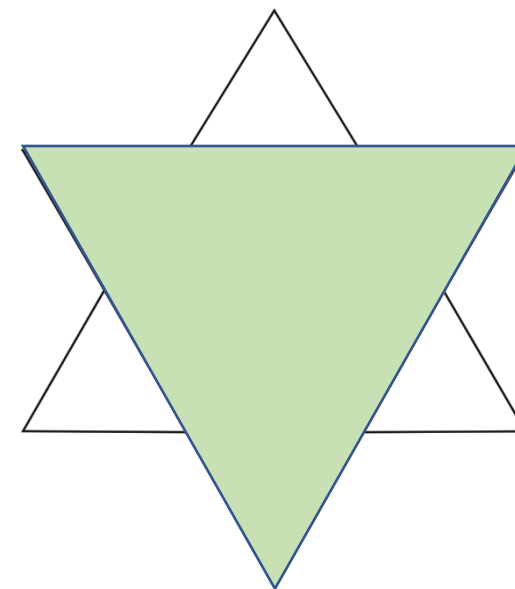
This union results in an activation of light and protection around your body that can transport your consciousness to higher dimensions.

It reminds us of the potential power we yield when we find balance and raise our vibration.

Triangle 1 is Part 1 of this book.



Triangle 2 is Part 2 in this book.



Part 3 of this book we reintroduce the Merkabah at the next level.

It goes from 2D to 3D.



These two tetrahedrons - the star tetrahedron (also known as the Merkabah vehicle of light) - represent the innermost law of the physical world: the inseparable relationship between the two complementary halves - the active/male/electric and receptive/female/magnetic, the manifest and the unmanifest - which form a perfect equilibrium. In

creation, they rule as two opposite laws: the law of spirit and the law of matter.

In the centre of the Merkabah, there is an octahedron formed at the core, where the male and the female swirl together, creating and holding on to life.

Spirit is Life

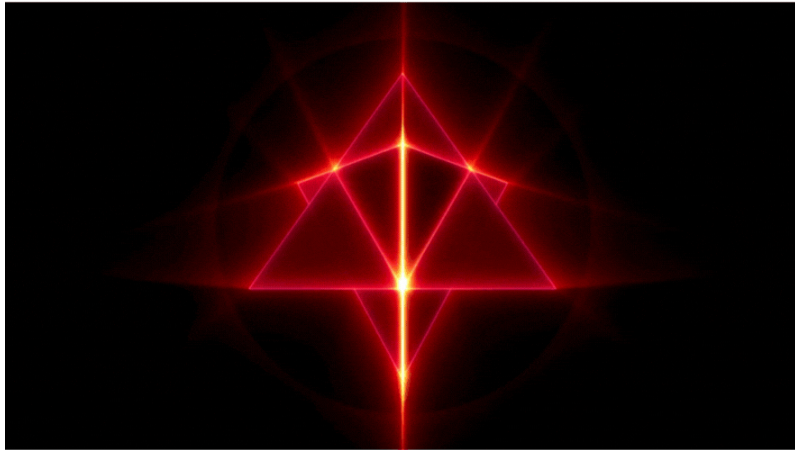
The law of the spirit is radiation, giving, and selflessness.

Matter is the Earth's way to respond to information from spirit.

Creating a visual film of 3D reality that our eyes see as 'The Reality'.

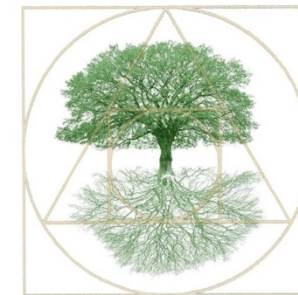
The law of matter is a copy of the previous information of spirit, always in motion, in reaction, becoming its next appearance of the abstract information from spirit. Without spirit, it stops vibrating.

Later we will be delving into Level 3 - Mastery where we introduce the Merkabah with all 8 sides 3D spinning.



This is just to outline the path you are on.

Each part building on the next part.



PART I

The Healing and the Magic of Creation

Introduction to the gap (duality) playing out in the world.

*Who would believe you
if you said
that their enemy is the
most treasured
gift to them?*

Our Playground

The two worlds.

The old world.

Created from aeons of time with a structure that often feels overdue for change, but where all establishments are made. Where money and power still reside.

And the new world.

Inspired by our use of the internet, beyond time and space, where we spend our daily lives in an abstract world, fuelling our spirit, temptations, our interests, and have made us experience life from another place.

We have developed skills and wisdom, snorting like horses in our will to use our potential.

Some industry sectors have merged more easily with the marketplace than others. Some can't even use the internet, and keep up with the

speed of change. Which minimises their possible outcomes and opportunities in the world.

The hamster wheel of getting enough money for all our needs, those needs also expanded by modern life, keeps us running around and around.

Societies and media are doing their best to make us hold on to one reality, keeping the wheel rolling.

The world is not in sync with us.

Or is it?

If we still haven't merged our different interests into our working life, making an inspiring life where we earn our living, we still carry the contradiction from society. Recreating them through our participation.

With that, we have forgotten who we really are.

In the discovery here, we will undress how we mirror the society that we are experiencing, and what is our way out.

I am sure that you reading this book already are ready and aware of another reality taking place.

Especially now, when the old belief system and its mirror in society, are falling apart.

The inconvenient and happy story is that the reality will change with ourselves.

That the only change to be done is our way of perceiving life and ourselves, and from there take action.

Which is our opportunity and duty, if we are in service to bigger values, than just keeping us alive in the moment.

New platforms are built faster than we can imagine... crypto money, new fuels, techniques using the abstract knowledge of creation, techniques that can be beneficial or destroy. Still, they rest on the old male paradigm.

A new paradigm of male structure is on its way, destroying the old.

A paradigm that plays with the established market of values, money, technique and the old can do nothing but take part.

Can you see the parallel with what is happening inside all of us?

The change within you and me.

We are a Universe inside a Universe.

Same same, but with a different outer formula.

All that you experience, is a mirror of that part of yourself.

Your experience reproduces that reality and being there with your attention, will be mirrored in your experience.

It transforms with the energy of you, in that same moment.

You hold the power to use the formula of creation, and put your awareness to what you want to arise in your life and with that, create a synchronised change around you.

The new techniques come from using the duality of the feminine and the masculine counterparts, their energy structure, and the law of nature.

They are the ones that will be our teachers here as you journey through this book.

More and more people have visions far from what exists today, and when using their (mutual) skills, new platforms are built.

There are so many of us, and with a new way of experiencing ourselves and reality, platform after platform is now birthed, creating a new world.

Created by us who have an inner force, living a life where the heart is in balance with the brain. Conducting us to our inner guidance system.

Over time, we (who are so many) who are excluded from the old paradigm, transform into the new reality which includes all.

The Father Aspect in all of us

Let us examine the system of duality a little closer.

The Father and the Mother aspects of nature.

It is an interesting task, though their characteristics change, depending on their balance with each other... but to give us a picture:

The Father corresponds to the Sun. Light and the speed of light.

Corresponds with the outer world.

His nature is language, mathematics and logical structures. Looking out to the outer world, through his two eyes, observing, analysing. Totally neutral.

The Father aspect of our body is the left hemisphere of our brain, and his vision is sharp like a laser.

His aspect innate in us gives us the opportunity of freedom and power: from overlooking life and being able to change direction. Ability to be in vast spaces, be organised, having order.

This is the Language of the Father:

$1 + 2 = 3$

You will do it!

You have got the strength.

You are a winner.

Structure in the Male Way: Give me a checklist and I will be effective.

The left hemisphere in our brain is “rational”, short worded and wants to come to the point.

That part of our brain takes responsibility for order, results and stores information.

“I think, therefore I exist”.

Instructions style of the Father aspect, when he lacks the influence of the Mother:

I can realise my ideas, by my own power.

Just follow me.

I know the world, so just sit down, and I will teach you the important lessons.

Don't be so sensitive, it makes things more complicated.

Benefits of the Father (what does the father bring to the party)?

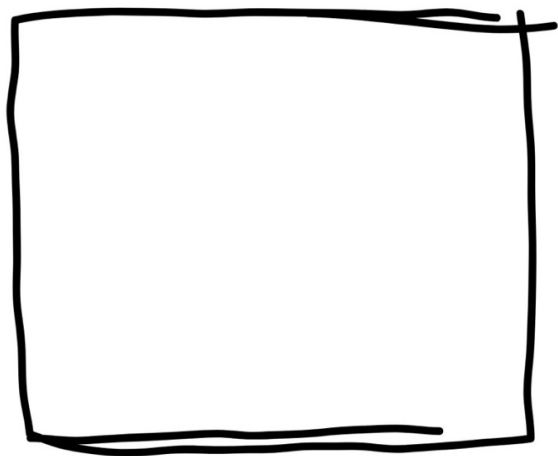
With his power inherent we can create structure, and be focused, allowing us to access our power.

We will organise our life, set boundaries, and have the confidence to follow our own plans.

Materialising it; simplified to reach our goal as fast as possible.

Dialogue with the mother:

The father is often so active in the area of materialising, or involved with abstract ideas of construction, that he thinks that his mind is transparent to the mother, who is supposed to read his thoughts. His mind IS THE reality.



The form of the father is the quadrant.

All is framed, and when coming into 3D; into boxes.

All information is put into different boxes, and everything is inside or outside of the box.

This is just a little overview of 'The World of Form' from the father.

Later on, we will come to the point of understanding the energy structure that makes all the difference.

The ability to create new.

By itself, the father structure, can only just copy the history of his logic-stored experiences from the past.

The Mother Aspect in all of us

The Mother; Darkness, corresponding to the Moon - silence, slow motion and mystery.

She is the healer and the destroyer.

Her characteristics are held by our heart and body, and from that resides in the right hemisphere of our brain.

The hemisphere that opens up for the brain to correspond to the heart and the body.

The Mother is our innate energy that connects us to the body of Earth, and the connection to our soul.

Her expression is emotions. Subjective emotions.

She is the doorway to creation, through the womb: harnessing the creation of new life in loving darkness.

The existence of the womb, mirroring the universal Void, inherent in both males and females.

Being in nature, moving our bodies, closing our eyes to open up for nuances of sensations, creating and experiencing nuances of beauty and colours, makes our inner Mother happy and vitalised.

This is the Language of the Mother when she feels isolated:

She takes us into a symphony, into a story, 'Oh yes, my language inherent in all my feelings, all my sensations. Limitless!'

Let us not talk about anything that can divide me from my inner sensations. You know I am becoming the next stage of myself.

I love you and hope that also you take care of your birthright to be fluid and in pleasure!

Do I have a concept?

The father always wants me to name it, but for me, it is all about being.

I am open and store so much wisdom, but the father doesn't seem to see me.

All I want is that he understands me, lovingly holding me, while I cry, laugh, be myself.

I know that I am a gift to the world, but lots of times I lose trust in myself.

Why does the father not listen to my emotions?

My emotions are the mother of all the gifts that I am giving him.

But if you just give me the space to move at my own speed, I will tell you what I bring to the party, my benefits.

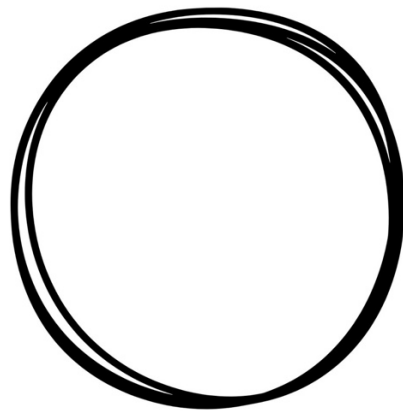
I am the water, nurturing all life.

The space holder, my love gives birth to creativity.

I am always with my attention inside, and what comes up from my inside are always unique.

Now I want to talk to the father.

I want him to grow to his most pleasant state of being, but if he can't read my emotions, I can't reach him.



The form of the mother is the circle.

The pulsating energy from the heart, nurturing everything in her womb, to birth it when in synchronicity with Mother Earth and the Cosmos.

The Quality of the Father and Mother

How do you want their relation to be within yourself?

They can fight each other, or use their inherent systems to create magic.



If you have one foot in the old paradigm and have the wish to live a life of the new; created from within, there are exercises to follow in the book. You can use them any way that suits you and your purpose.

Check-in on your Mother Energy

Often known as the Universal Mother. The Feminine. The Creative Nurturer.

This energy allows us to access Love, Creativity, Nurture and Understanding.

Let's check in with you and give you a sense of where you are at with using this energy inside of you.

Writing down both the question and the answer will allow the energy of the process to get established. You can answer with Yes or No or with words.

When the answer is somewhere between Yes and No; use a rating system between 1 and 10 (with 10 being high and 1 being low) to get a clear vision of the nuances.

Are you currently using your Creativity?

How does your creativity appear in your life currently?

How do you rate your ability to nurture yourself?

How do you rate your ability to nurture others?

How do you rate your capacity to deeply understand things in your world,
your relationships, the people around you?

Do you have an Abundance Mentality?

What is Ripe for Harvesting?

Are you filled with sparkling energy and light?

Are you able to let go of control when appropriate?

Are you able to get pregnant with ideas?

Do you notice that there is a gestation period for those ideas?

Do you notice that there is an eventual birthing of those ideas after the gestation period?

How do you rate your Communication Skills?

How do you rate your abundance of Love and Connection in the World?

How do you rate your ability to encourage yourself?

How do you rate your ability to encourage others?

Are you currently following your Passion?

Are you able to provide Unconditional Love and Support to yourself?

Are you able to provide Unconditional Love and Support to others?

The Universal Mother energy is the Open Heart through which your soul flies through and finds Expression in the World.

Do you feel you are expressing what you would like to express in the world?

The Universal Mother gives you the Sceptre of Power to create your own environment the way that you desire.

Are you able or have you created your environment the way you want it?

Do you feel that you have dominion over your own domain?

Do you know that you are the Creator of the Natural Kingdom in your own life?



Check-in on your Father Energy

Often known as the Universal Father, the Masculine or Masculine Energy.

The Universal Father allows you to access Power, Organisation, Boundaries and Confidence.

Do you have access to Passion and Energy?

Are you able to create boundaries when you want to?

Do you feel you have the ability to plan ahead?

Do you feel you have the ability to organise yourself?

Do you feel loved and cherished?

Do you feel safe and secure?

Do you learn from your own mistakes?

Do you take risks?

Can you pick yourself back up again after a setback?

Are you able to practice so that you build strength and balance?

Do you generally have a clear picture of the structure of your day?

Do you feel that you can problem solve?

Do you feel confident?

Are you a good sounding board for friends, family, and colleagues?

Are you a good mentor for others?

Do you feel you have the power to do what you need to do?

You will see very quickly from your check-in with your Universal Mother and your Universal Father energy which is the most healthy and where you might want to do some conscious deep work.

For most of us, we want to work on both and aim to balance the Mother and the Father to create the magic in our lives that we are looking for.

For now, just get the sensation from your own insights, in your body, heart and mind. Let it dwell.

The Divine Child

From here the reading will activate your interaction between your right and left hemispheres of your brain.

This will accelerate as you move through the book.

It requires that you need your empathic and imaginative capacity to be able to grasp the content.

The Child has a birth channel that asks for our whole and present awareness.

In a workshop, I would prefer to use various tools like crystal bowls, gongs and drums, combined with the frequency of my voice birthing this text.

These tools of high-frequency sound help the mind to relax, and the body to receive and embark on the information.

Written text speaks to our mind. The tool that I invite you to use, is letting the text transform itself into a movie. The way Earth does through 3D, helping us experience our spiritual life.

Like the Child listens to a story told by someone.

Relax your body and mind, and allow time to melt the information into yourself.

The form of the Child is the serpent.



The circle, the Mother taken into action by the Father, the square. The practice of the theory of the Father from the story of the Mother.

Mother

“The Father and I started to embrace each other, and it transformed both of us, not to become two species, but one. Someone we never experienced before. A new intelligence and consciousness; a new life. We became in love with each other. Loving the ones we became, through love.”

She continues,

“I just relax, and receive the information from the Father, and it will unfold by me gestating it inside my womb. The hidden sacred space, where all creation is conceived.

A new idea will arise in the father during the time of gestation in that magic void of mine.

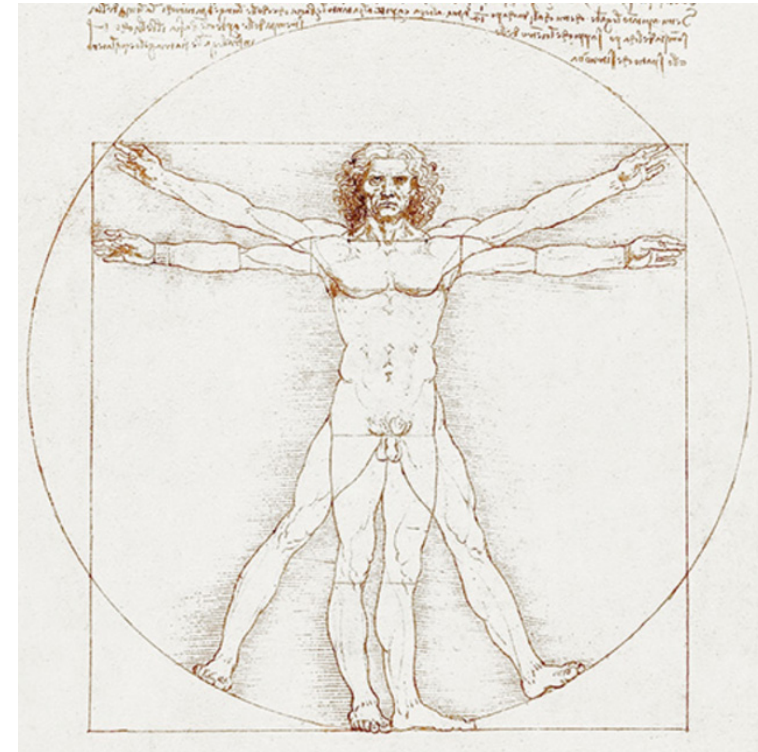
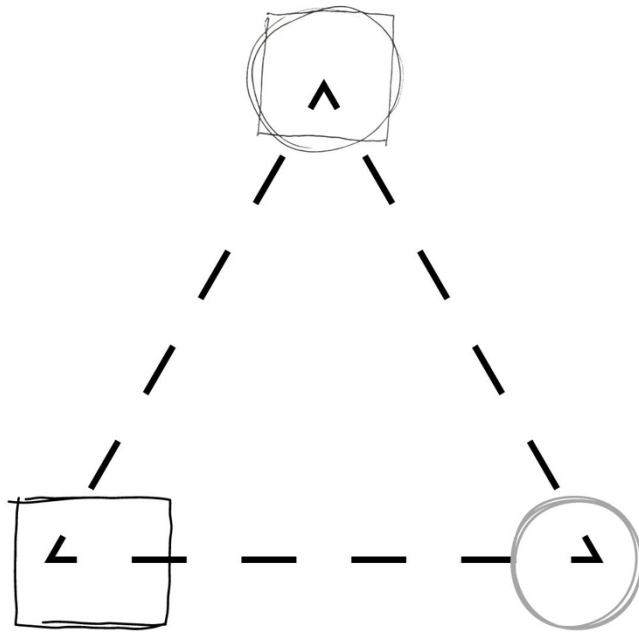
Then I just let the Father hold me, during that time the seed inside me grows by his intention, getting manifested into matter. A new species.

The Child got conceived, when it is ready.”

So, let us look into what happens in the liminal space between the mother and father. The liminal space that gives birth to the child.

When two counterparts match and merge with each other.

The expanded oneness.



What Leonardo Da Vinci expresses in his drawing is a divine formula of human potential.

Here we are coming closer to how modern techniques use duality.

Father and Mother meeting at the line (the liminal space) connecting them, at the perfect point of 50-50 % does not create half of the Father energy within yourself, and half of the Mother energy within yourself.

It doesn't only mean that they collaborate perfectly.

They match and merge with each other creating a totally different summary within us, containing 100% of the Father, 100% of the Mother... and Spirit.

A new spark of life has come alive through creation. As much as the human child is a new person, containing both its parents, and becoming someone unique; this is the occasion in all balance between contradictions.

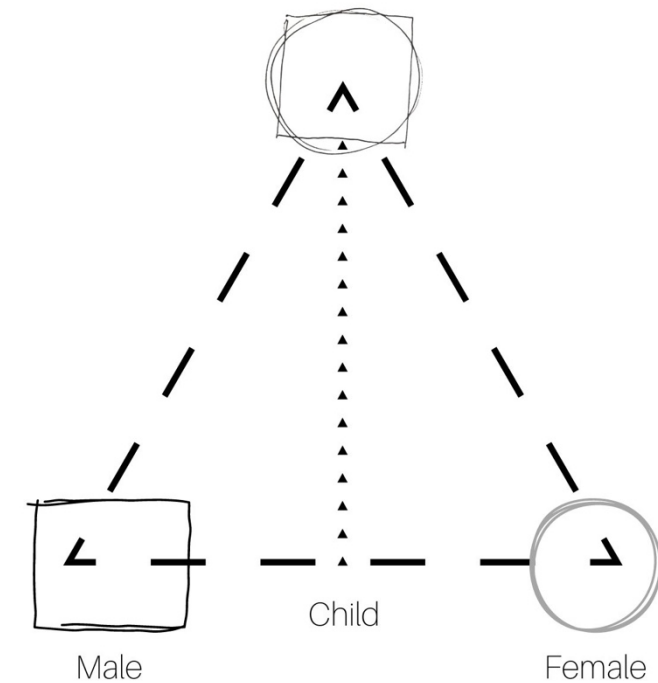
Just breathe in this magic.

The child is spirited with creation. The human child, as well as ourselves, when both sides of us, our male and female are in balance, collaborating.

We all are the Child, the Mother and the Father, conceived into planet Earth through a mother and father as a Child, inherent Mother and Father energies within us, playing out our lives with their duality.

Together, when in balance, we become our Divine Consciousness in a human body, able to conceive new realities.

And this magic can be birthed in all relations.



The Mother and the Father. The basic content of existence in Creation.

The basic duality that is inherent in the magic door into a world where all existence takes place. Within us, with grace.

The liminal space always contains a God Spark, unfolded by the motion towards the contradiction.

A spark that before our balance was hidden from ourselves, is now established within.

Just as the child didn't exist before the father and mother met, the spark within us needs our balanced feminine and masculine to arrive.

The liminal space makes us experience reality as a film, instead of different separate pictures as we did before becoming the Child.

In the movement of the spiral, all is taken into a symphony; Creation.

The God Spark, the Child appears as inspiration.

Magic insights and happenings unfold, giving guidance through our intuition.

The Child follows and the flow takes the Child into synchronicity.

The sensation of being one with the outer and inner world gives us the ability to trust and relax, unfolding as self-love.

With time connected to the liminal space between dualities, we start to trust that life will unfold at the pace of our inner reality.

Protected with guidance from higher realms beyond density, time and space. The Child is always connected to these realms.

I invite you take a space of rest here, just to close your eyes for a while and inhale the sensation.

Slow down into your inner Mother, and digest the sensation for a while.

The story of this magic potential of duality exists in all balanced liminal spaces; between inhalation and exhalation.

In the dawn and in the dusk when the sun and the moon coexist.

In collaborations in balance... salt and pepper... Air, Fire, Water and Earth.



AIR



FIRE



WATER



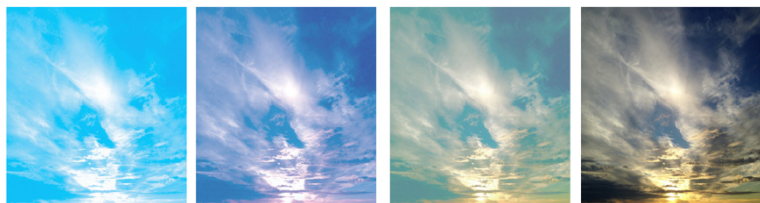
EARTH

Our Mother Earth in her perfect synchronised existence.
All in graceful connections, getting birthed into being alive.
As within so without... As above, so below.

Like four colour prints, all the endless numbers of colours in a photo,
each of the four colours: magenta, cyan, yellow and black is pregnant
with a spark of magic, residing, enclosed from what we can experience
from the surface. A mirror of ourselves and our innate ability. The liminal
space is the place where life is living.



Step by step. The effect of four merged colours. Above separated, and
below merged one by one. The difference between separated intelligence
and a unified one.



Your innate ability between your skills, senses and intelligence. In the
liminal space between doings, is the place of your Divine Potential.

You and the different liminal spaces between the two counterparts of
masculine and feminine, changing with every breath, creating new
liminal spaces.



I invite you now to take a walk or whatever gives you a space where your body can rest, reflect and relax.

You know what your body needs. Just turn inward and listen.

In the Medicine Wheel, the four directions contain different portals to learn, integrate, set into motion, and the courageous portal to set all into reality.

Air, in the East, where the motion of the body serves you with the gestation needed. The motion takes your body to travel through different vibrations, into refreshment and vitalisation, and new realities: new ideas.

In fire, South, the fatigue in your body is getting healed, with resting, by lying down, to settle.

In water, West; sitting down is best serving you to be in the position of learning and listening.

Earth, North, is the place of the Warrior; where you stand up for yourself, making decisions and manifest them.

Maybe you want to use one position that serves you just now, and from there, go into silence, deepening what you just read.

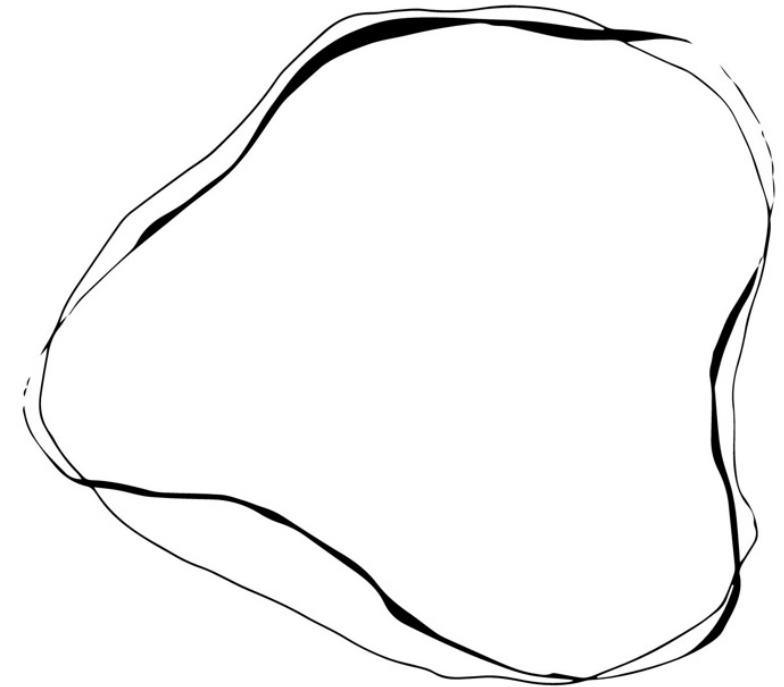
Balancing the Father energy of information, to land with your inner Mother.

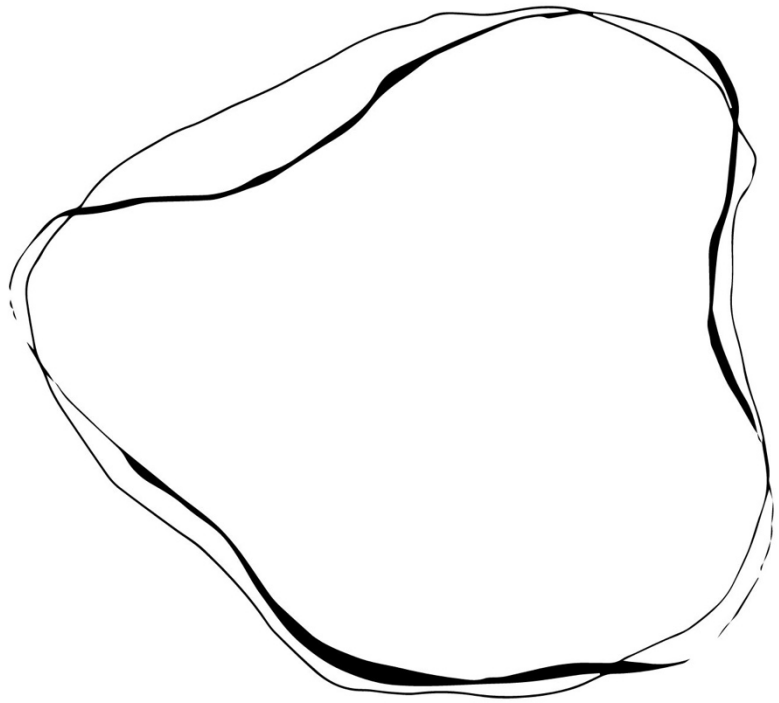
Don't forget to hydrate yourself, and drink water.



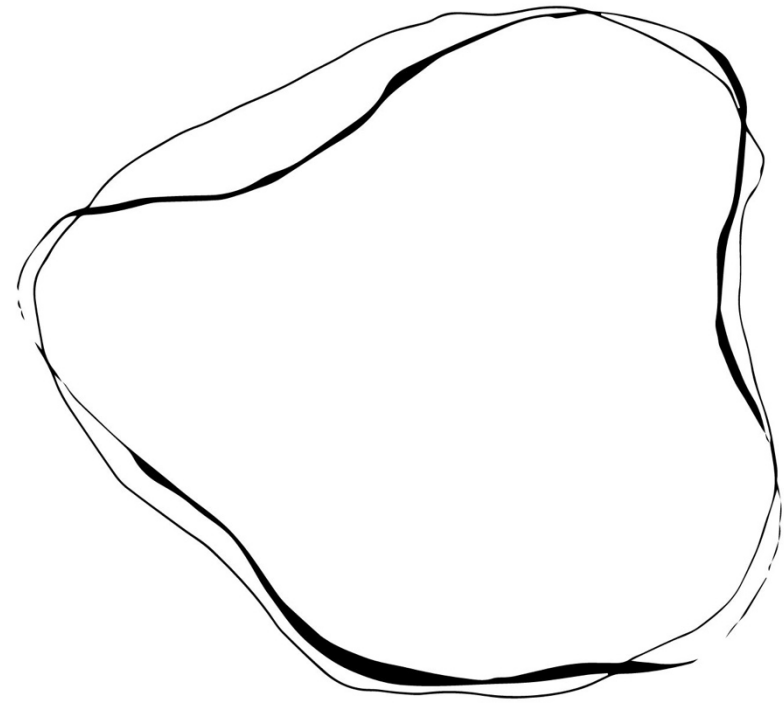
Then maybe, before you continue reading, make a drawing, or take some notes.

That is the Father's way to capture the energy, into something visible that stays.





What appears in your own liminal space just now? The space between you and the information that you have been reading.



Just sit with that for a few minutes.

In every breath, in every situation there is a liminal space.

A possibility to capture a magic spark, revitalising our life and being.

The threshold is where we can change direction.

The spark within you, created at the moment when you take the step, will help you on the ride from there.

The liminal space, that in the world out there has the speed of light between two points, keeping the truck on the same road as the day before.

The Father energy has ignored the mother energy, and therefore just counted the seen results. The space between them has been left unused.

Just some rest between the different activities will transform the liminal space.

In slow motion, the energy of the Mother, our senses awaken, and the creation is on its way.

You can relate it to yourself, how one activity gives new insights to the next if you just allow your brain to rest from its previous activation.

The more we can centre ourselves and slow down between our activities, the wider we experience it, THE HERE AND NOW.

The here and now, that is the parallel reality with the one we can experience with our eyes.

They are always playing out side by side. Two totally different realities.

The here and now is the place of creation, and it resides in the liminal space between the downloads of manifestation. The downloads are the unfolding of our way of perceiving that very moment. The translation of our here and now.

When balanced in our energy field, being aware of our inner here and now, life will create a pulse of masculine/feminine interaction without effort.

This is a huge treasure that we are gifted with, and that our old paradigm steered us away from, by teaching us information from outside ourselves, and teaching us to focus on one subject at a time, to be occupied 100% in doing. Not letting our inner voice be a creative part of our life.

The Path to the Divine Child

- The Shadow

As hard as it is to imagine, the Child energy, if we have forgotten, is to find that hidden place.

There are filters around it, our wounded shadow, hiding the entrance.

Our wounded stories are filters that change the information from source into incoherent stories.

The path for a spark to become a child on Earth goes by the energies of the mother and the father and their genetics.

The karma from them both, and from that soul's earlier experiences, before conception and from all experiences of humans, not being concluded.

Our bodies are inherited from the mass of Earth's human experiences and the many generations of incoherent lifestyles have put us into work.

In our process to the Child, we are in service to the species, humans.

On our path to manifesting our dream, there is work to be done, purifying ourselves.

It is a great sensation to get rid of filters that are chaffing, but often tough during the process.

With the purification, we purify that specific energy of shadow, in the web inherent in ourselves.

The web is connected to our father and mother's lineage, and the physical inherent remains in us from our ancestors, leading all the way back to the origin of humanity.

The purification runs through the web.

We all get the same infusion of purification. If we so choose. Free will is really a core key in consciousness and the synchronicity in Creation.

In reverse, if you are open to being receptive to purification made by others in the web, it's there. Your intention, the laser of your brain will be embedded in the heart frequency and will connect you to its frequency in the web of Source.

The gratification for our work is that for every purification, we come closer to inner clarity and to becoming self-reliant. Breathing more freely, experiencing the beauty of being in synchronicity with our intention. Knowing our intention. Experiencing our true selves, connected to all. Becoming radiant.

The filter that is always steering the wheel of our thoughts and senses, is the ones that we want to hide from ourselves and others.

Our wounded shadow is the first flash that people, animals and all of nature around us, experience and mirror back to us.

In a flash, our surroundings reflect back to us and give us our next experience of reality.

The shadows are there to lead us home; talking us into facing them, forgiving, embracing, giving them space in the light of our awareness and tender caring into healing.

Through the time of caring, they will calm themselves, like a baby in the bosom of its mother, and dissolve into new vibrations.

By that time the emotions that created the shadow, will have calmed into silence. The silence of the MOTHER.

From that, our brain experiences new realities and creates from there.

The shadow is often wrongly described as 'the darkness'. One of the old paradigms and stigmatisations of the Mother.

Here are some lines from my book, This Creative Existence - Unfolding a New Conscious World, to put the flashlight at the darkness.



"The worldview that has a multidimensional form is created from light and darkness that billow in and out through each other, where every force contains its own inherent opposite."

Through the interaction of light and darkness both within the forces and between them, and from their flowing through each other, a holographic light image is created.

An image that we can experience and through which we can flow our energy field and consciousness, but never reproduce without the help of nature.

The Mother is the pure darkness, nurturing the seed in the soil, the embryo in the womb.

The darkness surrounding our third eye, the void keeping our Universe in place.”

It is one of our paradigm's resolutions, to embrace the true Mother.

The shadow is illustrated. The covered potential of the Mother and the Father and from that, manifestation.



The shadow is the absence of one of the inherent balance points in its pure existence, the Father and the Mother.

Both the Mother and the Father are ego-centred when being in their un-unified opposites, and from there, create shadows.

When they are separated, they can't experience the world around them.

The potential that exists in every person and in every moment, is hidden from the person.

When we carry unsolved blockages in our energy field, it creates distorted translations of information, making us face realities that mirrors them.

They are there to show us our path home.

The shadow that resides between our now moment, and our pure self with its unique potential.

In balance with our two opposites, we have come far, working with healing our shadow.

A path to come into the here and the now in peace.

The ego will then just take care of the interests of the soul. From there, the door is open to be creators of our own lives, in synchronicity and connection with all that is.

From there, our path will step by step unfold its beauty back to us, and attract us to continue on the path of healing.

The Threshold in the Liminal Space

The liminal space innate⁵ in the Child. The gift of magic is hidden until we are willing to give birth to a new reality. The Child involves a shift. A shift in our awareness of reality, and our willingness to discover that new area.

I invite you to encounter a new place where you have never been before.

It is totally without clarity and you don't know how to navigate there.

After calming down, you get a little more use to the foggy space, and your senses are slowly activated. A special fragrance, a new sensation in

⁵ Existing in, belonging to, or determined by factors present in an individual from birth.

your body, sensing a slight wind. Slowly you start to get some clarity of your new reality. Your senses have strengthened and drive you forward. From your willingness to survive, your heart is wide open to receive all possible information.

You are totally here and now. The Child has been birthed within you.

A sensation like bungee-jumping.

The threshold in the liminal space always creates a loss of clarity.

A place that is very inconvenient for those who are used to being in control and controlled by their mind. They are not used to trusting their senses.

If you are getting that sensation, you know how an empty place wants you to activate yourself, and fill the hole. To close the liminal space.

We can, from realising this potential, birth a more vital life, train and listen to our sensations in our body, and the heart will lead us through the veil, guiding us home. Ready for the change.

When coming to the threshold, it is a sign that you are ready for change.

The discontent brought you to the becoming of your next self.

You didn't get your insights for no reason.

To be out of clarity is normal, and we all have been there many times.

Nobody understands us, because we are between two worlds.

Just look back, experience earlier situations of confusion, and reflect on their learnings. Trust that everything will be OK.

When we are used to being out of clarity and get the tools to come home again, the threshold starts to be our friend.

The playfulness of the Child comes back to us while healing, connected to our conscious adult.

The playfulness mirrors the flow of existence.

When our shadows get purified, that same quality in the individual will transform to its original state: becoming the greatest gift in that person.

We are coming closer and closer to embodying the God-Spark within us.

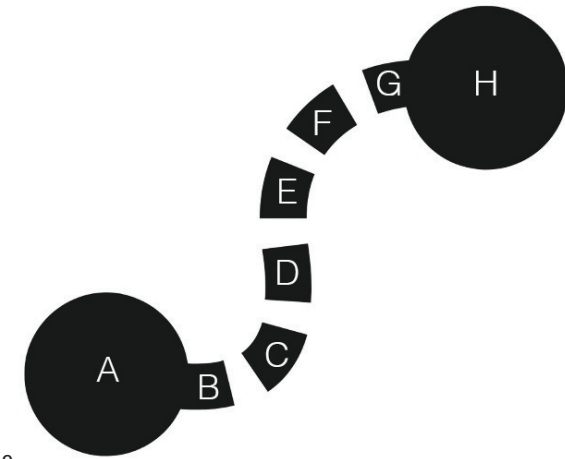
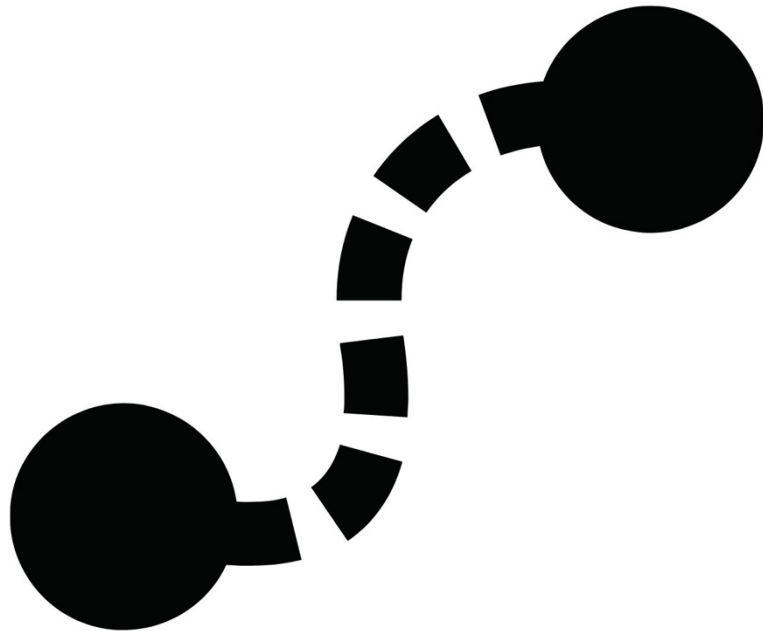
Our Divine Self.

The less filters we carry, the better can we receive guidance and connect to our web.

Our path to happiness goes through our shadow. Seeing your thresholds is finding your medicine.



Write your life highlights.



Here is my example

	Age	Subject	Threshold	Challenge	Change	Highest gift
A	5	Being an artist	A clear insight of the necessity for my pure existence	Not trusting being sufficient	Experiencing my inner rudder and guidance	Got extended roots not to follow expectations from the outer world, when not in balance with my inner.
B	14	Requested as a tennis coach	A huge new world, connected to functional families	Having a new arena asking for adulthood	Independence	Came out of depression
C	19	Started travelling the world	Ending school, starting a conscious unlearning from what wasn't me	Rebuilding myself	Release of taboos, boundless	Huge creativity
D	26	Friend committed suicide	My world fell apart	Dark night of my soul	Met the underground world in all its aspects	Understanding humanity on a deep level. The need of all counterparts to be in balance

We can take an example from my story when I was five years old and encountered my father's analytical comment about not being a potential artist.

What happened that allowed me to shift the trajectory or the destiny of my life?

- A challenge (the crass comment from my father)
- A void (in my case disillusion/disappointment)
- New insight
- A shift (that changed my life)

If it was climbing a mountain, that was the peak:

- A challenge
- A void (Will I make it?)
- A threshold, taking courageous steps out of the void, into stability, preparation, building up the body, planning, and meeting the coming challenge.

- Crossing your comfort zone (grab the challenge and fulfil the goal)
- Victory, or failure

Both victory and failure were the victory, (If we didn't die of course).

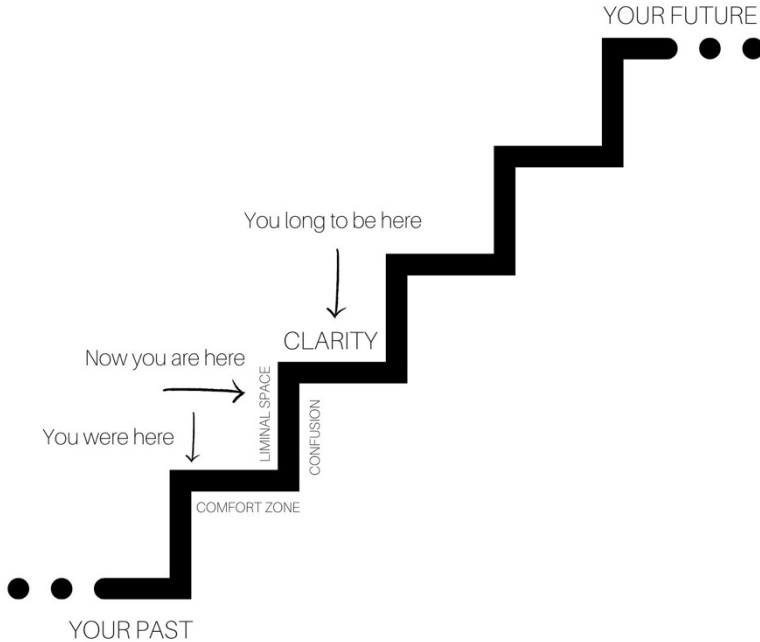
Whatever happens, creates strength, and expands the potential for life moving forward.

These examples include the ingredients of the peaks and I invite you to remember yours and write them down.

Go back and do a life path, and highlight all the times that you have been here before. Moments of confusion just before the breakthrough.

Highlight the magic spots.

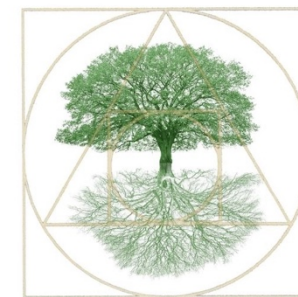
You are on the lower step and haven't quite got up to the next step, you are in-between.



We have been trained to fear the unknown, instead of being curious and excited about your next step, your next development, your evolution.

What occurred before your tipping points?

What did the place of lack of clarity make you become?



PART 2

The Intermix and its Potential

The inverted dualism
that our old
paradigm lives in.

Who comes first:
the chicken or the egg?

May we experience the liminal space, the Child, through a healing journey of the dualistic world?

I welcome you to a level deeper into the Mother and the Father; the feminine and the masculine.

I welcome you to uncover their true beauty.

Their need of each other.

Their interaction.

Our corporate work and our dream work.

We will experience how they created each other, and our innate imbalance.

The examination of them will help us not to fall into the trap of rebuilding their structure in just another story.

The Corporate Work - The Unbalanced Father

Boundaries created by others, other than ourselves.

Production focused.

Fast is better than slow.

Emotions can be shown when they are requested, but don't mix them with work.

Dress and behave in a way related to the brand of the workplace.

Be serious and neutral.

The Magical Dream - The Counterpart to the Unbalanced Father

Can't make money.

Scared of failure.

Don't trust being able to do it.

The imprinted worldview that it is a hobby.

Not real life.

The dream of freedom.

These characteristics are of course different from place to place.

Get inspired by the ones that you can relate to, and please write your own ones down.

I invite you to make your own checklist, to let you experience what is keeping you there.

Are you only there for the money?

You can refer to this list later when you have done your Dream Work version.

The characteristics that I want you to grasp, relate to the structure that is built into Western society. That most of our workplaces are just a mirror of society. We are so used to them that they are a part of our beingness.

Most of us have one foot in the corporate world and earn our living that way.

Why are there so many in the corporate world that are wanting something different?

It is just so obvious that we are at a place now, where we have outgrown that paradigm.

With our own eyes and believing in the realities served up by media and society, the well-rooted systems are seemingly rolling on as though it is business as usual.

But deep within our body, behaviour and heart, we are already in the next version of reality, the new paradigm.

Divided into two contradicting realities.

We have to pay the bills. We have our parents, school and society ringing bells, stored inside ourselves, asking us to be a good girl (or boy).

With the world around you, friends, family, and colleagues all pulling you back into place if you start to head in a different direction. A different direction to them. They want you to follow in their footsteps, not your own path.

Our imagination of another world gets so limited, by the effective fence of community and society norms.

The Mother within us calls for help! She can't digest the reality that is not hers any longer.

It is so easy at this stage to get caught in the emotions of distrusting ourselves, stressed about what is happening in the world, and with that, becoming disheartened.

The disengagement often is a way out, into more swift emotions, but they only lead us deeper into the sensation of the inability to live. Unable to stay in our bodies.

The tension drives us towards another future.

From there, our dream world has established itself, if we had life force enough for our recovery. Our dream world is balancing the needs missing from the corporate world.

The dream world and work have become our space to breathe.

A space between all our duties and activities. A hobby.

We long for more space to breathe and then are cast into productivity again.

Maybe our dream work will miss its attraction when we create it to be our place to earn money? Losing our space where we can recover.

Using myself as an example, I had a dream of being a famous designer. I loved the arts and creativity and was told that being an artist wasn't a job to make a living from.

Being a designer was an art form where business is involved. I loved to experiment with different sensations by wearing my own creations. To be famous was more a metaphor for blossoming creativity and freedom, and the dream gave me lots of self-esteem and visions.

With a peek into the world that my friends encountered after design school, I wasn't that tempted any longer.

It was so different to my dream.

So I walked my own path, and created clothes for artists. Got quite famous with VIP invitations. That was really not so exciting in the end.

Everyone scratching each other's back, wanting to be in the spotlight with me. Such an artificial world, where true friends weren't common.

Of course, my experiences mirrored my shadow. What I want to illustrate is that the dream world is a world of our imagination. The characteristics may not match the reality when coming to earning money from it.

Magical Dream

We often already have our other foot in our magical dream.

Taking steps into our dream world, taking us further into the space, and creating the platform for our next step.

You have probably taken many courses, done yoga, Qi-gong, sports, healing sessions, retreats, spent time in nature and filled your body with nutrition in a more conscious way and still have one foot in the corporate world, to feed your dream world.

It is like we are filled to the brim with what we want, seeing more and more what our corporate world creates, that isn't in tune with ourselves.

We have come to a threshold and still, we have to pay our bills.

Maybe we are scared of failure, and the result that it would bring.
Mistrust our ability to achieve what we want and often don't know exactly what we want to achieve.

Our family and friends think that this is our hobby, and have placed it in a box from the old reality of what "work" is, and should contain.

It takes us to a place of escape during spare time in our healthy, happy life and not fulfilling our dream, continuously giving us a sense of not belonging in any world.

Getting stressed out from the world out there with new restrictions, wars, and other things affecting our own life.

I invite you here to write down the characteristics of your dream work.

What do you want to bring into your life?

Write down what keeps you from taking the steps.

You can now compare them to your dislikes in your corporate work.

Reflect on how they balance each other.

The imbalanced masculine, and the fear of expansion in yourself, relates to the imbalance of masculine, and what it has created in you.

The dream work, how it compensates with what is missing in your work.

Healing the imbalance will make you use all your skills and potential.

Without the risk of copying the imbalance in your precious dream.

Magical Goal
- Higher Wisdom

Both our worlds, the corporate and our dream work, are in perfect balance with each other, as all of existence is.

The duality always puts everything onto the scales.

The two worlds are both at the edge of their contradictions. They are both in the same frequency, balancing each other. A balance point that with

its contradictions are on its way to conceiving a Child - the new reality on Earth.

In the transition, it seems like we are at the end of the road.

How can we bring our worlds together?

Is it, to abandon the corporate world, knowing it is not updated, and from there take the leap like The Fool?

Learning by failure.



Some of us have done that, and some of those who did do it, have created new realities, from their experience of letting go.

Maybe there is a platform already, that you can step into, just needing clarification to be able to see it.

Nurturing the creativity within, to reform your worldview to see it. Or maybe You ARE the platform.

What is missing maybe, is access to the information you need, to bring your worlds together, to create the higher wisdom of potential, and take a less scary way into the realisation of your potential.

Our knowledge from the last chapter can help us to see new possibilities.

Let us take a step into the next level: the Father and the Mother in cooperation.

Later, in part 3 we come to the application of the wisdom.

We will start with examining what you have gained already, from living in two worlds. The Mother and the Father worlds.

Even though they have been separated, they have prepared us all for the new, that is arriving.

That is what you will bridge (if you want to), to make the arrival to your utilised potential, faster and more fascinating.

*The Magical Mother -
Feminine Energy
(The Magical Dream)*

Your Dream World. Your steps towards living it are already your tools to let your dream unfold.

It will be as the child. The process towards your dream will probably change its appearance to something new, containing all of the wisdom from the birth canal.

I invite you to write down your potential, talents, skills that you already carry.

It's no place to hold back here.

It is no place to be humble and modest.

Talents and skills I already carry

Now write down the skills you long to have.

From reflecting, sense how much power and insights you already have.

Boost yourself with them, making them settle, to become your creative tools.

Then look at the benefits, resources and contacts that exist in your corporate world. Make a list.

Continue writing until the writing takes you away from your normal thinking, into your unconscious mind, past the gatekeeper and into new insights.

Get the sensation of releasing the negative dualism inside yourself.

Look back at the inverted power of masculine, that you wrote down earlier.

Are there powers, that you already carry by your mastery at work, if you just invert the power back from the outer world, calling them to be owned by yourself?

This practice is a tool, to be continued after finishing the book, and continuously during your process towards using your full potential. To collect them and be able to see the path of transformation, as a guide.

We are preparing the liminal space here, to get prepared for the Child: the threshold where your skills will be transformed by you, into TRAJECTORY.

Which emotions did this previous line of information create in your body?

I sensed fear in my throat, heart and solar plexus. My guess is that it is a collective field. That the information really triggered our own inherent old paradigm.

We are not there yet. There is also more coming through this book, making us more comfortable outside our comfort zone. You know, nobody pushes you.

You can read through the book, just to get the pathway to the other side of polarity, and then consider if you want to go back and give it a try, at your own safe pace.

We shall not forget that the travel back home from the old male paradigm, where the rules were set by others, is to take back our own masculine power. With creativity and grace, to find our own power and use it.

The work done by the Mother in a manifestation process

The Creative Nurturer

9 months is the gestation period to safely protect the work. Research, planning, getting things done and built.

Healing and soothing the baby inside the womb throughout the process.

Protect the baby inside (from negative comments, and naysayers, and don't allow people to comment on the baby (the idea) because it can easily be killed at this point in its growth. If that happens, the idea aborts and the baby is never born. That future is never realised.

When it is time to birth the baby outside of yourself, you must still protect the baby, as it is still very vulnerable to negative comments and judgements from others.

The Mother when in lack of balance with the Father

- I am so happy that you like my work. It's enough for me. I don't need any money.
- Money is an uncomfortable element in life, and it isn't real.
- I speak after others if they want to listen.
- Love is enough, and everything will evolve by itself. Actions are not necessary.
- I am a victim.
- My chance in life is dependant on the goodwill of others.
- Straight talk is uncomfortable, and I'd rather drop my own voice to avoid conflict.

The Energy of the Divine Mother

Let us dive deeper into that which nurtures the female within us.

How do we activate her hidden world?

Letting her formula grow into being the place where all life dwells to be conceived. Making her flourish.

You can imagine a black hole with nothing there. Just silence. Maybe scary darkness and silence. It is the place where our feminine isn't activated.

The space in the darkness in that state isn't filled with the hydrated thickness that comes with the activation of the feminine.

The morphic field in the void is one of the energies that hold the planetary system in its rhythmical synchronicity.

That whole field is dwelling in the darkness, and is the MOTHER.

The field connects us to all frequency information, available to our own frequency.

The more purified from shadows, the wider the spectrum of information available to us.

The darkness has so many different faces, depending on our own energy.

If you have ever tried Qi Gong, and felt the energy moving in your slow motions, you can grasp a piece of the gravity that a living feminine energy contains.

This void is the one we can grow with lovingness, dancing, painting, singing, playing, walking barefoot in nature, and interacting with nature; the original Mother of all bodies.

If we do it with our inner awareness of our activities.

If we go so deep in our experience that we become it.

In the here and now.

Maybe you used the matter of Earth to build a house with your own hands, or you built a sculpture. Maybe you cook with joy, growing your sensitivity? Or sensing grace with being in awareness of your pure breath?

All this and all related to these activities and sensations have the ability to develop and grow that spaciousness in the dark hidden place, where all is created.

Yes, any of the activities that you probably have practised in your dream world have made you ready for your next step.

Just knowing that, some of the stress might go. Perhaps the pure knowledge of beingness may allow you to conceive the benefits of your activities in a new way.

Maybe every activity can be taken care of to gather even more spacious energy in your feminine. The practices are the vehicle, our way of treating our practice is the fuel. The more awareness, sensitivity and love we can afford, the higher the Mother energy will spin.

After some deep breaths, I invite you a bit deeper into the knowledge of the darkness. Maybe it will make its potential even more graspable and tempting.

Just know, now that going into the depth automatically starts the collaboration between our left and right hemispheres of our brain and it takes our full concentration.

I will take you to another angle of the beauty of the darkness.

Are you ready?

In the darkness, without light, everything that was, is dormant, resting from its previous form. It becomes pure potential.

To be able to imagine it, you can mirror it with the different stages of water.

The previous form dissolves, as water turns into steam when the form is out of focus.

You can mirror it in the material, and the immaterial world, experience it dissolving into the protons and neutrons of it. The particles dissolved from each other.

Steam includes all of the inherent properties of the water, but now evaporated into the particles of it, separated.

The magic within the feminine is that the particles do not necessarily come down as the same element again, as steam from water comes back again in its form of water. The darkness harnesses all the elements and all information from the beginning of time. They all are there, “swimming”, without form.

During our human rest and sleep time, there are a lot of activities going on in our outer and inner world, communicating with our inner divine Mother. All that we previously have focused on, and the surrounding potential, are used by her to help develop ideas and questions into a story. Into coherence.

The Mother characteristics of putting all into coherent stories are her duty, to take care of all the fragmented information accumulated during the time when we were active, focused and concentrating. During the gestation, the particles are not dormant, but form themselves into the most harmonious state, from the previous information, and the healing powers of the universal void.

Now, when we are without focus, asleep, daydreaming or just relaxing, our body, mind and soul are coming into synergy with all the swirling energies of the Earth and Cosmos, bringing us into coherence.

That is what creates healing during our rest.

All strange dreams that we have, are stories from previous activations that may be used in the future if deemed helpful with any new ideas or questions that arise.

The particles dwell, to again be activated by the next intention from the Father, the light, later coming in.

The rest is a liminal space.

During the time of sleep, rest, meditation, and movement of the body balanced with our inherent needs, the feminine energy heals the body from incongruent energies residing in the body, including the brain. The male, refreshes the bodily functions. Making the brain ready to see new possibilities, and to activate them, from his new situation and consciousness.

The spaciousness in our feminine, created by the amount of grace that we enter with our activities, corresponds to the feminine intelligence of the Cosmos. Our senses vibrate, with that spacious energy and are the channels of connection with all life.

The feminine energy within us must be fertilised by the male counterpart. We will miss all the benefits from her if the inherent male energy is absent. The Mother without the Father just becomes NO ONE.

Unused potential and we will feel miserable.

Maybe it is time for integration again?

Take you away from reading, with a sentence to reflect upon.

What will greater awareness of the sensations of touch, smell, taste, do for you?

Masculine Energy

School and the corporate world have taught us to produce. Produce in a linear way, already prepared in advance.

They have taught us to separate good from bad, right from wrong; a way of using the polarity within all, in a structure that locks our inherent potential.

Now we need to use our platforms in a new way. The new world craves our ability to be flexible and to interact with situations we never could imagine ever coming.

What has happened during our generational habit of following information from the outside, and not from within, is that we have lost our inner ability of our own masculine.

Humans have had their corporate work making the framework for them, and the human creative abilities have been used within that structure or to escape from it.

Both the feminine and the masculine have been inverted and also the child.

The work done by the Father in a Manifestation Process

Hand the baby over for structure, protection, systems, scaffolding

Rules

Regulations

Intentions

Manifesting into this reality

Big Steps

Taking calculated risks

The Father when in lack of balance with the Mother

- I am right

- Someone who isn't like me, is of lower status if they don't have a high position.
- The female energy is weaker than the male, and that is not as valuable as being strong.
- Fast delivery is effective.
- I press myself to manage my life and being good enough.
- I have the burden and responsibility for the economic situation in my family and the wider community.
- It's uncomfortable to talk about emotions.

*The Energy of the
Divine Father
(in cooperation with the Mother)*

The healthy boundaries of the Father come from within.

The healthy activity and intention of the Father always start with the previous liminal space, created by the Mother and Father.

The divine Father's trajectory is an out-breath of wisdom.

Nothing vitalising starts with the Father, nor the Mother, but with their mutual creation and origin - Love.

Love is the Alpha and the Omega of Creation.

From that space between the Father and the Mother, the next activity will unfold.

To understand the power of the Father we always have to see him through his duality with the Mother.

Duality is his way of watching the world and being able to see himself.

His statement is, 'How could we possibly see ourselves if there is nothing there to compare with?'

The mythical way, is using a story, to integrate our left and right hemispheres in our brain.

This is a story about the energy of creation from my book, This Creative Existence - Unfolding a New Conscious World.

“In the beginning, before anything exists, there is only emptiness and consciousness. Darkness and consciousness.

A deep darkness, with a muffled sound that increases in strength when it is touched by grace, stifled frequencies that are the soil for everything to grow, together with a consciousness that wants to expand eternally.

When consciousness moves in a vacuum, with the help of its focus, the darkness is touched and vibrates its potential, atoms are created. The movement arises out of an intention from one’s consciousness to penetrate the potential of darkness, the desire to become one. Unite. Let new realities appear that expand consciousness.

The longing that keeps the process alive is an intense desire to come closer to one’s own inherent potential, the pure wisdom of the original source.

A source that constantly and eternally has deeper and deeper wisdom.

Consciousness is propagated and transported via light, an eternal creation of new consciousnesses.

Darkness carries the receptive intelligence of consciousness, light carries its active intelligence. One force that pulls together and attracts and one that expands and penetrates. One that produces potential and one that realises it. Both carry all of the seasoned memories of consciousness, each one from its own intelligence, from its dimension’s intelligence.

A consciousness that is incomplete without the other.”

This is what happens when the brain is embedded in the energy of the heart. When the Father is surrounded and embedded in the energy of the Mother. He is the penetrating contractor of the polarities, and therefore his fast solar energy manifests, with or without waiting in the feminine energy.

The Mother, the potential, has to be there already, to make the penetration create a united field.

We have to be stabilised in our heart, coming from the last work of the mother; her work in our rest, making our inner life coherent with the outer, connected to Earth.

When the feminine energy is activated and has thickened the energy field of the body, it covers the masculine, the brain.

With that, the brain changes its perception. Our third eye is activated by the feminine energy.

When losing the separation between the body and heart, the brain becomes a mirror of source consciousness, and the creations in the Universe, are cloaked by the void.

When the Father creates by his own willpower without waiting for the cosmic integration, the masculine manifestation gets artificial.

The body and the heart's language are abstract to the brain, making him not sense that anything is missing when acting by himself. Then it becomes a manifested theory, as our old male paradigm is created.

*There is a "new" masculine to be born, and he is already on his way.
Inside men as well as women.*

The Shifted Polarity

- A shift in how to use our inherent devices

My intention with the integration of the left and right hemispheres of the brain through reading is to gradually take you on a trip to the reality explored in the text. To make the perception be in line with the text.

When the words take us to experience something, we are led to the interaction between the two hemispheres. The reading becomes a healing activity to our parted hemispheres. Like a massage for our brain.

We have started the healing by getting deeper into the subject.

We just can't go into depth without coming to the threshold, where there is new information.

At the threshold, we have to decide if we are willing to go out there in the foggy unclarity.

That our masculine energy will reject if he is not in co-operation with the story given by the feminine.

Poetry, like all the arts, takes us through the threshold, into a new reality, the Child.

We on Earth have used the inverted polarity for so long that nothing else but a physical shift can make us grasp and be receptive to a totally new reality.

The same reality that has always existed, in the here and now.

The interplay between the hemispheres continues by itself if we allow their different way to amuse themselves.

Beauty, when captured by the feminine, activates her spacious field, and attracts the masculine.

When the masculine is attracted, he exudes visions that attract the feminine and their mutual attraction will expand their intensity until something else comes in the way.

We all obviously know that this is the reality between men and women, and the exciting thing is that it is the same in all polarity between the two counterparts. We can use their codes of attraction in all parts of life.

Often those who are living their dream life have idealised the feminine, as the solution to recover our unbalanced societies and treatment of our planet. If only it was that simple!

We are often conscious of the theory of abundance, about higher dimensions, but how much of that have we grounded?

What does it take to really establish a life out of our heightened consciousness?

The rebellious act taken against the Father made many of us trapped in procrastination of trajectories resulting in floating out without structure. Unable to create our own destiny, or even visualise it.

Thrown back into the corporate world to make our living.

We have been longing for all higher dimensions of reality, believing it is the path to higher consciousness and spirituality. This will happen, by just rooting ourselves deep in the soil of Earth. Grounding ourselves and starting to govern our internal boundaries, decisions and actions.

Transfer the Father from what was, controlling us from outside, to carry the masculine energies within ourselves.

Our path to higher consciousness on Earth is through our planet's own density. We can't exclude that our body is a matter of Earth and that we have to bring our matter and spirit together in all our trajectories if we want any transformation. The matter of Earth holds the feminine part of consciousness.

As everything is a universe inside a universe, all consciousness existing, exists in Earth's thriving mass.

Our Earth, as do we, has all frequencies, from all dimensions, from Source. We just have to reconnect to where we are.

We are on Earth, inside a body, infused with God Force.

We just have to be in the here and the now. The here and the now that is the reality of the eternal, and then act upon the next movement from the inside.

All in sync.

When we go into the depth of things, we evaluate them as important. By knowing sorrow, and stepping out of being a victim, the sorrow will

transform itself to its clear aspect of the same frequency. Insights from that experience will be transformed into potential.

Maybe take some breaths here, or a short rest, to let the Mother work.



By accepting being humans in a body on Earth, our humility to all that she is will be activated. Not searching for something out there, but here.

From that, our contact with our inner world is activated, and so will our masculine/feminine integration. Our pure potential.

We will catch sight of our obstacles and shadows, as the gifts that they are, and will be humble to others.

We get to know our own path towards our unique dream life through them, and with appropriate actions, our dream “work”.

The corporate world vs the individual in the transition between worlds.

The shadow of society... the old male paradigm that craves control. How will it react to your efforts of re-establishing your innate power, boundaries and strength?

Just be prepared for its reactions, and know that this is the path for everyone.

The reaction to your new behaviour is exactly the one that will take you through.

They will mirror your own shadow, and shine the light on where you have your gifts.

The obstacles will really be your gifts to come to your innate dream “work”.

Write down which activities, boundaries and behaviours you want to strengthen, and you will see how fantastic your corporate work will help you see it.

From that, you can already imagine and write down which challenges you currently experience from and through your workplace.

Take conscious time to soothe your feminine, holding your new born baby masculine.

May I invite you to start to carry a small notebook when you start to make your inner changes?

There you can write down reactions from outside, and then realise the changes in you that triggered the reaction.

You will see your progress and take advantage of the situation.

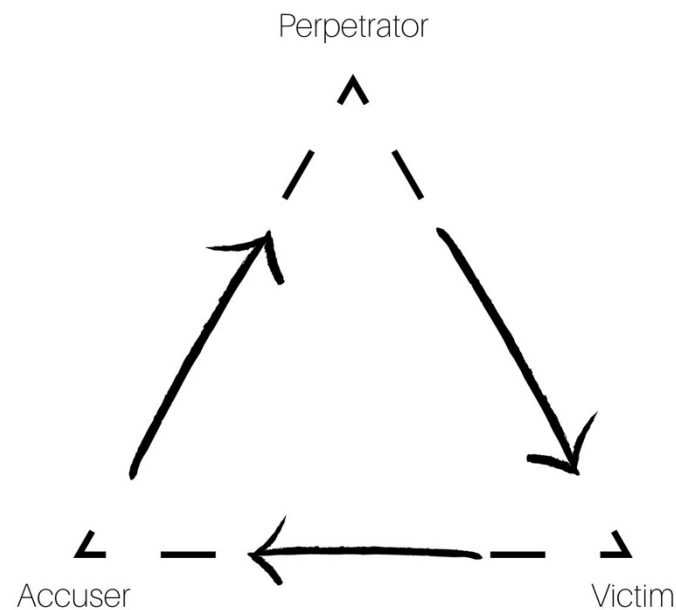
Without your awareness, the reaction back to you might have triggered uncomfortable emotions in you and may make you take a step back to your comfort zone.

Please soothe the emotions coming up with your prepared wisdom of its coming.

The Triangle of inverted Emotions and Actions

As a student to become a coach to leaders, I was invited to this powerful tool. The so-called triangle of the victim.

The Father, Mother and the Child, in their inverted costumes.



Here we can see how the victim is interconnected with his/her

perpetrator. Their interaction when they use the polarity as combatant opposites. When the Mother and the Father exclude themselves from the other.

In the triangle of the victim, we can sense the attraction between the combatant opposites.

It starts with the perpetrator, inverted masculine energy, and the victim of the violation, inverted female energy. The Child, is what unfolds from the liminal space, that is here in contradiction, becomes the accuser.

The victim accuses the perpetrator. With that, they have changed positions. The victim stepped into his/her masculine and accuses the perpetrator, and the perpetrator automatically takes the role of being a victim and soon will accuse.

They both get engaged in their own shadow. The inverted polarity makes the victim and the perpetrator have a strong magnetism toward each other.

The triangle is the energy of fire and keeps the energy burning until one of the participants steps out of reaction.

Once you know this trap, and step out of it, our playground to achieve our dream work will speed up immensely.

The toxic behaviour, when knowing the result, will not be real any longer.

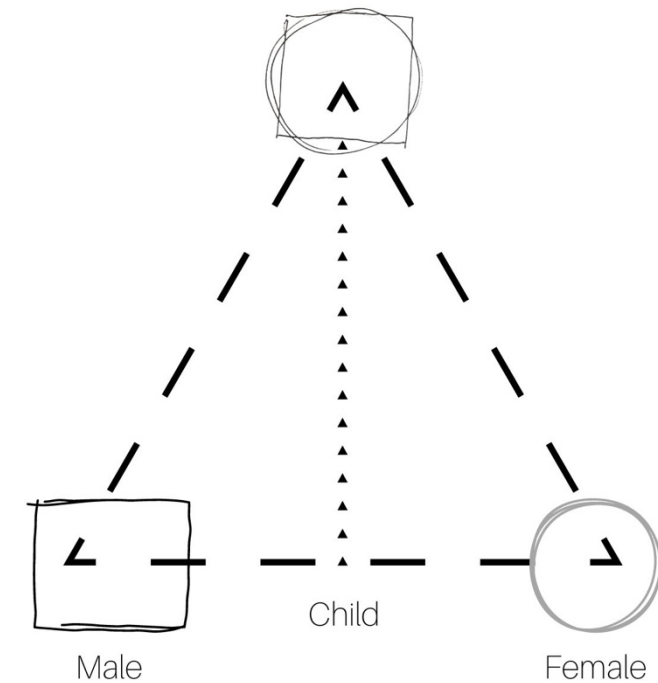
The polarity when we live on the outskirts makes it possible to see. All is getting black and white, and visible.

We are guided to what we need, if we are not self-destructive, focusing even further out on the edge of polarity.

The liminal space is where the energy is without charge, as the steam evaporated from the water, it is a place where we, can choose the life preferable to us.

Let our neutral masculine focus on something that will attract a new way of being.

What would have such an attraction to us, that it could make us change the direction of the way we are using our power?



The only shift in the triangle is to move our focus from the angles to the liminal space, and the duality is changed.

In the corners, we will accuse what we judge as not appropriate. In the liminal space, we will have the sensation of both, and can't help using them in the potential of here and now.

Our emotions hold our shadow until we reach a state when we are finished with that experience.

A decision is made by the Father when our Mother is ready for it.

And that change might not be easy.

What is it that makes the two contracting parties meet each other?

To make them challenge the magnetic field dragging them apart, it must be a very powerful energy.

Can you sense what resides there in the 50/50 space?

The power that takes us to want something deeper and more alive.

Can it be love?

The energy that also keeps the victim and the perpetrator coming together over and over again, as long as they carry the frequency of the imbalance.

Love is ever existing as the field connecting all of creation.

Some more from my book, This Creative Existence - Unfolding a New Conscious World.

"In the beginning, there was darkness and consciousness, darkness and the source of all consciousness. The consciousness rested in darkness, which generated higher and higher consciousness of the inherent potential of darkness. The will of consciousness to penetrate the darkness increased until it reached an ecstatic level and detonated. An intensive desire to penetrate the darkness preceded by a deep sound from the inherent intention of consciousness.

The intention of creating life from the potential of darkness, love's power is born in the same moment. The boundless power that created the detonation is met with love and created love.

The unification, the feeling of being one with the darkness, created light. Light is materialised intention. the common mass of consciousness and darkness. The power that delivered everything was love, the code that allows nature to continue to grow, all things instinctually going toward light and the desire to live, and fulfil their potential.

The desire to relive the unified energy of our origin, the unified consciousness.

Love, the basis of all nature lacks a visible mass, an abstract attitude from a soul."

It is interesting how everything now forces us into a new understanding of love, and lack of love.

When we judge something as not good, can you sense what happens within you?

In my sensation inward, considering what occurs, is that I first separate myself from that which I judge, and at the same time I am connecting an energy cord towards it, through my emotions. I make both a boundary and a taboo for myself, not touching that space, and at the same time establishing a cord connection.

The triangle of the victim puts a perfect light on how our societies have been built up, by inverting the duality.

How we from there have built up shadows that separate us from being in contact with Source. Ourselves. Different shadows create different realities.

We are all walking around in different realities created by our shadows, conflicting with each other. We all want to be understood by the other but live in different dimensions of reality.

From that, people have been longing to belong, and societies have grown from that.

We, humans, have gotten separated, and have easily gotten insecure about our survival due to the inverted dualism. Try to be better than others or be like others.

It was easy to build up industries and corporations, and to make people step into those prebuilt structures.

A long time ago we lost our own power of our innate Divine Feminine and Divine Masculine. The platform and destination which to view reality from was established, being in the division of the polarity.



Please take a deep breath here, maybe for an hour alone with yourself.

Maybe in nature. Just to be you. Your I AM.

The number 3 creates a cycle.

A cycle of never-ending, if we don't stop ourselves and choose another angle.

The Father, Mother, their liminal space is in constant change.

A shift of sensation in one of them makes a totally other space between them.

When our focus is on the space between them, it calls presence and the presence is stilling the shifting changes in the two polarities.

From there we can choose how to use counterparts.

What do you want to create in your liminal space?

Not until we have come to a threshold and find its potential. Not until then, will we will find the treasure.

The threshold to a new world in the liminal space between the two opposites. The key to it all is love.

It is not until we find the love in the middle of the opposites, that we also see the thresholds. The thresholds that will lead us to the next phase.

Before that, life will just be single doings, planning for the next, and the next, and next, and next, and the opposites will always create shadows.

Later when we haven't listened to our inner force, the thresholds will shake us up.

We will come to a place where we are in split between our inner world and the outer.

A place where we aren't trained to see or know our inner longing, unable to choose our life.

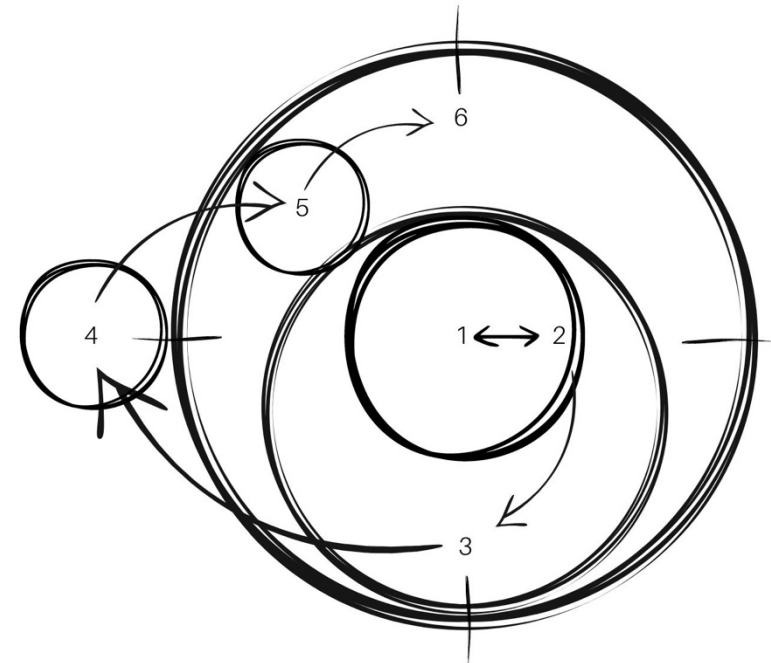
*Magical Goal
(Baby is born)
- Higher Wisdom (Clarity)*

The Rhythm of the Manifestation Process

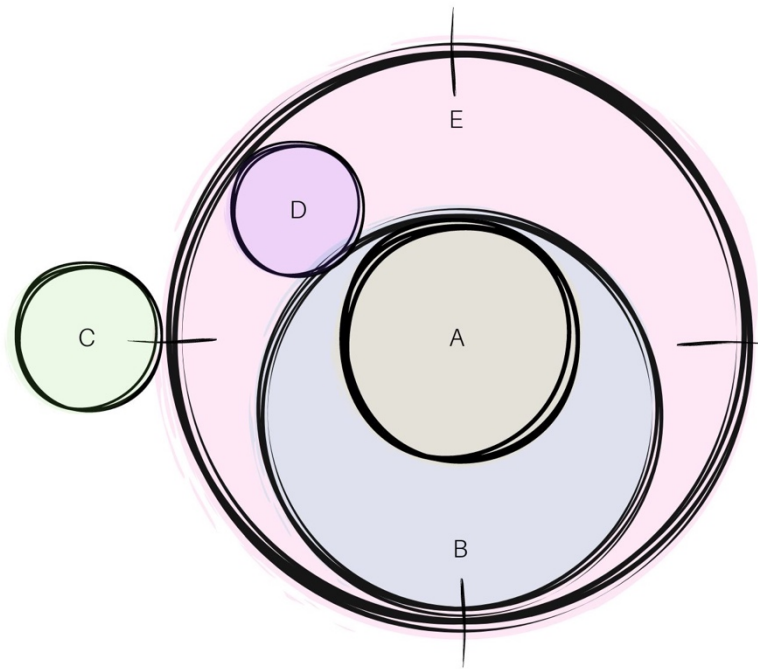
The Manifestation Wheel

The Two-Dimensional Wheel - The 2D Activities

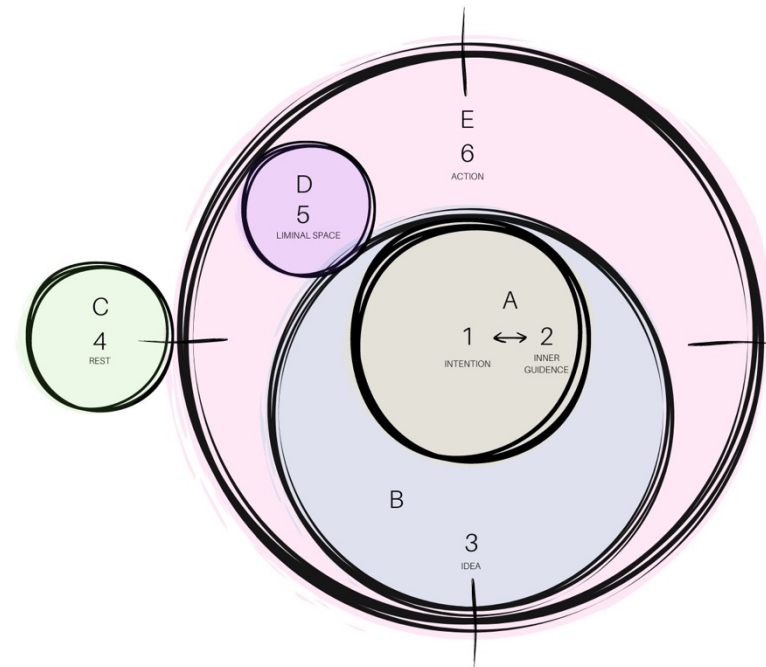
- 1 Intention (Centre Heart)
- 2 Inner Guidance (EAST)
- 3 Idea (SOUTH)
- 4 Rest (WEST)
- 5 Liminal Space
- 6 Action (NORTH)



The Three Dimensional Wheel
 The Real Life Creating the Content



The letters stand for how the activities are approached to make them amplify each other. Let us put it together on the next page.



We can see here how every activity contains all the others, with the exception of 4 (C) where we just leave it all. A place of letting go, a place to step away from it all.

1 Intention (FATHER) 2 Inner Guidance (MOTHER)
A Settle 1 and 2 using their liminal space, interacting until clear.

3 The 1 and the 2 will unfold an idea (FATHER)
B Integrate, and settle 1-2-3 using their liminal space.

4 Rest C Make something else (FATHER) activate your MOTHER at that stage.

5 D Liminal space for new to unfold (CHILD)

6 Action (FATHER) using all potential from the Mother (the field created)
E Makes sure that 1,2,3,5 and 6 go in synchronicity with each other.

Connecting all elements of the Manifesting Wheel.

You might want to put your dream world down as an example?

Maybe you want to apply any of your dreams here, and try it on?

1 - 2.

Activate the tenderness in your body when thinking of your dream world.

Take your time to establish your Divine Mother within.

Be aware of what really happens when you are there in your dream world,
and take notice of the activities that take you there.

Embody your experience.

1. You are now ready to know your intention more specifically.

You can ask yourself, 'What was the big change in my behaviour, that
took me there?'

3. An idea will come up on how to elevate closer to your dream world.

You still store all potentials in the field from 1 - 2, now integrating the
three, you can correct your idea down the track if necessary.

4. Then move to another energy and space.

Truly activate yourself with something different from your process. It will make the process settle, get framed; and by then it's possible to relate from the outside.

5. There will come up new ideas, built from your process, unfolding by itself.

Answers come in the unguarded moments and then it is time to act upon them.

6. Take action without delay. First integrating 1, 2, 3, 5 and 6 into your vision, emotions and intuition. When we are ready for a wise act, our brain/heart/body intelligence agrees to continue. An action is always made twice, the plan/schedule and the action itself.

The sensitive steps to trust our instincts and our intuition are now taken.

The practice of creating a world from within.

Cultivate the Magical Child's best recipe. The wonder of life. Letting go of any preconceived ideas or presumptions. By being in the liminal space, a new world will occur.

When the rhythm and pulse of creation don't work, there are barriers to unleash the feminine and/or the masculine.

Often thoughts and/or emotions stand in the way of clear sight.

Often taboos of inverted values hold us back to stay in a lack of creativity.

What is right and wrong? Our worldview. Values that are viewed from inverted polarity.

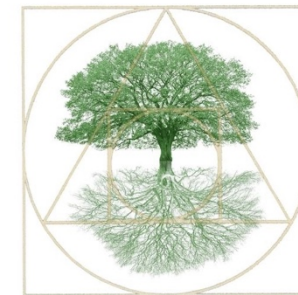
You just have to practice being in the liminal space with your presence. Make contact with a tree or anything of nature, and it will take you back into the here and now.

When we have our focus in one presumed reality, the liminal space gets empty.

We lose our innate ability of engagement and positive emotions.

Just by our shifted presence and awareness, where the heart, brain and body are interconnected, we will be driven by potential.

At the next level of the book we will dive deeper into how we can evolve to download our potential, into living it.



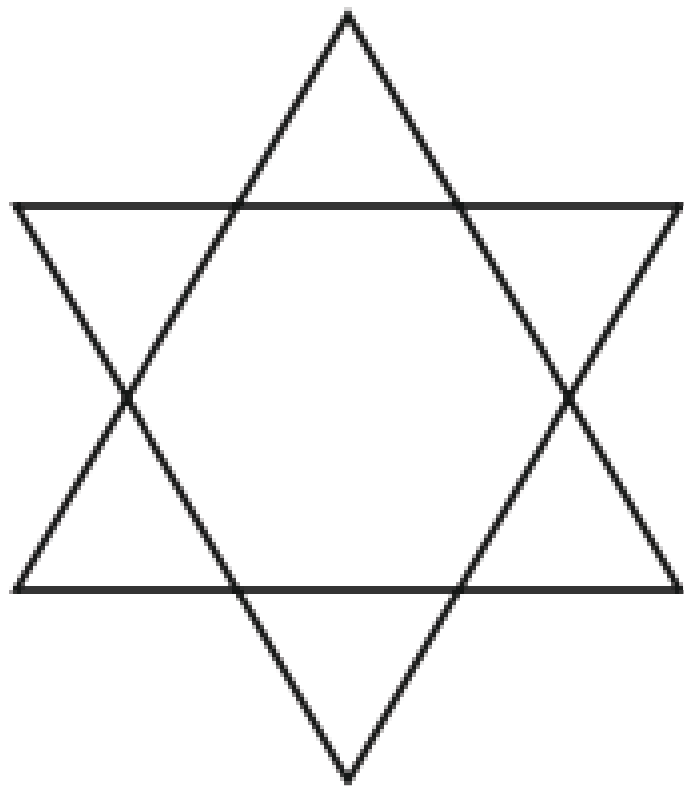
PART 3

The Merkabah

The understanding and the practice

*How to come to the shift and
where to deliver*

The rebirth of your Soul



*Isn't it wonderful?
The darker the sky is,
the easier it is to see the
light.*

The triangle: the magic energy form for transformation. The three angles recreate energy from its geometry. A formula of interaction. As our three internal brains, the brain, heart, body, coexist, activating the liminal space. The space of transformation.

What can all this information about the Mother, Father, Child give to your real life, with one foot in the corporate world, and one in your dream “work”?

Maybe it will give clarity of potential in their liminal space?

Your creative arena in both spaces.

Both of them can be playgrounds for each other. If you so choose.

They are both counter pillars to each other.

The two works, how can they make each other spin, transforming into something new?

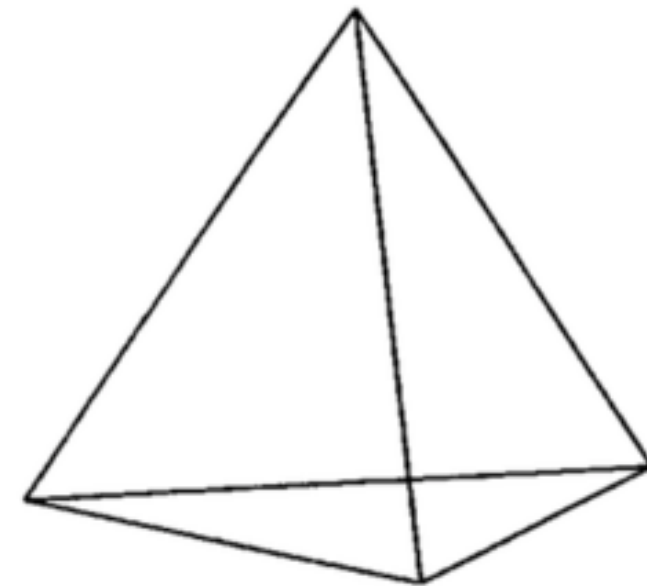
Can they make their way to a third reality, that is even better than the dream?

We will go deeper again.

What is it that makes the Father energy such a powerful manifestor?

Which is the energy that creates his power? His courageous steps into areas totally unknown to him?

We can see it in the context of duality with the Mother.



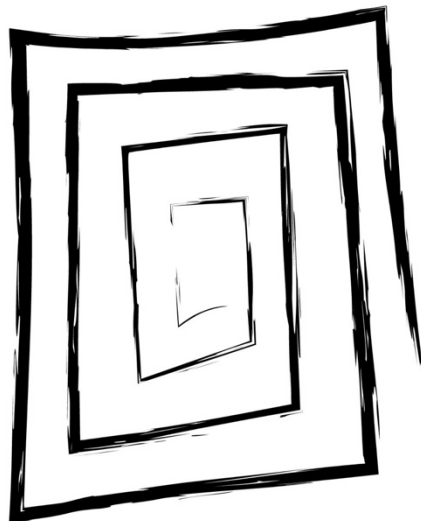
The three-dimensional triangle, called a tetrahedron, with its tip pointing upward, is the energy field of the masculine. Its connection is with the universal realm, the Divine Father.

Sense the volume inside it, containing the sharp light of the sun and the universal divinity?

Now, continue your experience, by making it rotate anti-clockwise.

Maybe you can sense this energy inside your body when focusing on it?

The masculine energy moves like the flash: in angles, moving anti-clockwise like in the picture below. Ever expanding in a binary form, using ones and zeroes to visualise the seen, the angles, and the zeroes; the unseen making the space between the angles. It's noticeable that it marks the space between as zeroes, not existing.

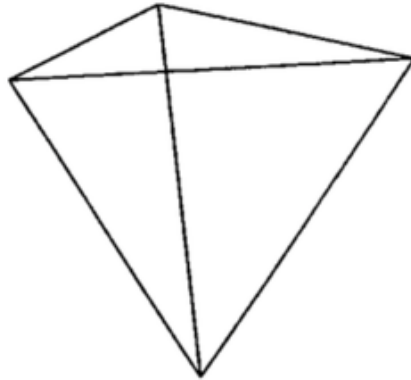


It implies that it naturally moves from one state to another. Capacity to change, and take new decisions. Easily make boundaries, forgetting about the past. With the device inbuilt of being the light, his intention creates like a laser, connecting it to his intended goal. Demanding its manifestation.

This is the power of all our thoughts, words and visions, when clear, concise and with clarity.

Understand that the movement of the Father is digital. The cells in the body reconstruct themselves like software programming. Father energy is like the chip in our computers.

In nature we can see the geometric form of the Father around us, as trees, sharp cliffs, the angles in our body.



The three-dimensional triangle, tetrahedron, with its tip pointing downward, is the energy field of the feminine. Its connection is with the Earth.

Sense the volume inside it, containing the dark mystery, connected to the moon and Earth's divinity?

Now, continue your experience, by making it rotate clockwise.

Maybe you can sense this energy inside your body when focusing upon it?

The feminine energy moves clockwise, with no interruption, like the picture below.

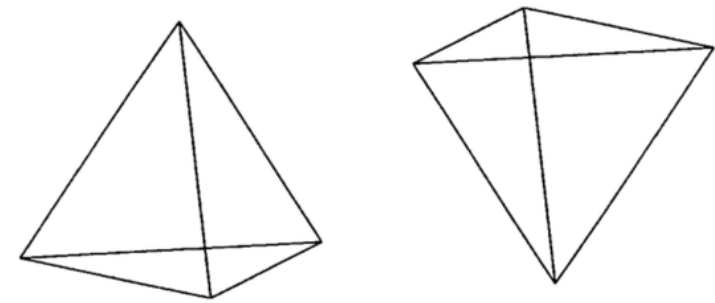


The energy of the feminine moves in sequences called Fibonacci. Her motion is without distractions, and as the father, she expands her speed with every unbroken activity. For example, Fibonacci energy is used in nanotechnologies and the creation of quasicrystals.

In nature, we can see her geometric form in a snail's house, in the sunflower, and in human fingerprints.



Can you imagine these two counterparts merging with each other?



It is our human energy field, keeping us alive as a spiritual body.

It looks like this, called a Merkabah field.



We can sense how all our body shivers with ecstasy. How our feet vibrate with the manifestation.

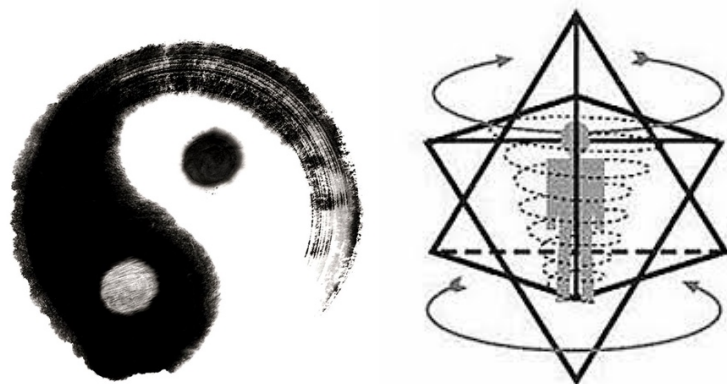
Maybe your body and your intellect are now activated?

Move your awareness to your heart, to feel the sensation from there. Can you relate to the sensation of love?

Just be there for a while.

Then sense the blackness in a night sky, the field holding the stars and planets, their synchronised movements. Can you sense the field holding it all, by implementing the sensation of love? The energy of duality in cooperation.

We can from that understand the power of the symbol Yin - Yang.



As a wave is a part of the ocean, pulsing with contraction and expansion, the feminine and the masculine energies already contain its counterpart. They have both the opposites in themselves, carrying components of the whole, always drawn to their own balance. Never coming there without the other.

The life beyond the waves holds the pulsating energy of the ocean's contraction and expansion, its breath of love.

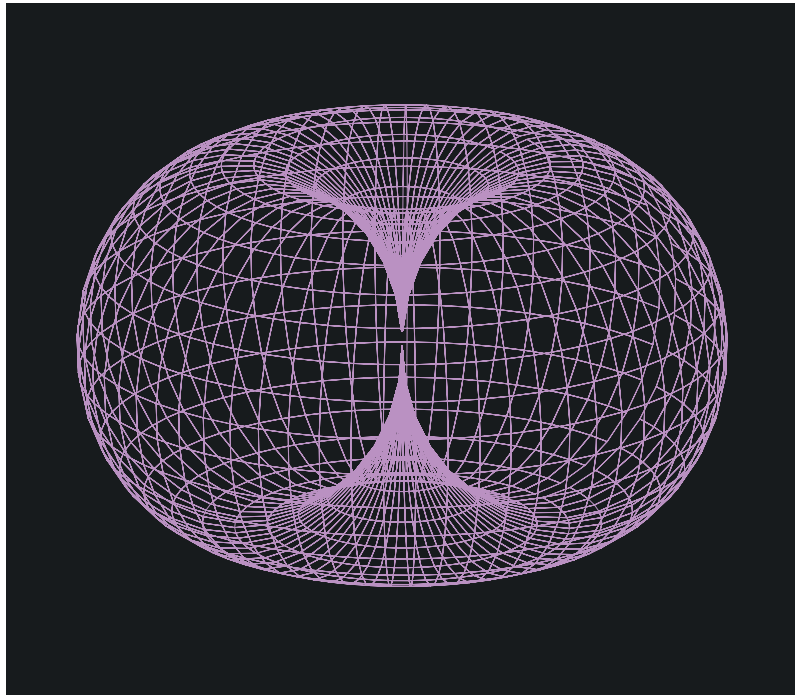
Love is the force making the two contradictions in constant motion.

In all living beings, both the Mother and the Father contain the liminal space of attraction within themselves, as seen in the symbol of Yin-Yang. It makes their mutual attraction.

When they are together, they are the whole. Love doesn't have a counterpart, but produces its pulsating field with its own outcome, gratitude.

This is what the field looks like around all living beings, including the sun and the Earth.

The Torus - our life force, is what the Merkabah creates around us.



The field that not only keeps our body alive and revitalised, but is our vehicle to connect to all of Creation.

Attracting and making us able to receive guidance from other sources, allowing us to travel between our physical and spiritual realms.

The energy that holds our acts, thoughts, words and emotions.

So, what happens when we are in this state of being?

In the final state, when the veil between the Mother and the Father isn't any longer, their coexistence creates a magic reality.

When they don't judge what the other is doing, but freely match and merge without distractions. Then all the potential of the Mother is visualised by the Father. What this means is that a person who has purified themselves to this stage lives what they see.

Just watching another person, a creature, a tree, or thing, and the sensations are there in that person of being the other. At the same time solid in their own body, unmoved from their sense of self.

Remember the stillness in the centre of the typhoon.

The darkness's undefined potential goes into patterns from the focus of that person, and the result of that is that someone just has to name a village 100 years ago, and the person gets a clear vision of that place, with smells and all sensations present there from that time.

The darkness contains all memories of existence, and it is evoked by the intent and focus of that person. As part of that intelligence, the person's intentions get realised, with their own embodiment of the intention.

In this state of being the now moment captures past, present and future in the same spot of vision.

The chain of the full process from the first activation, to its end, being in its overview, the person can change it from there, before manifesting.

Totally in sync with its manifestation.

In the field of the deepened Mother and the deepened Father, when they are grounded in ourselves, they always merge with the other. Their deepened duality creates a united field. We are just vulnerable to getting into the negative spin of the inverted duality when we keep ourselves on the surface of life.

Our focus has been on the subject for so many generations in the western world, with no idea about the liminal space, the here and now.

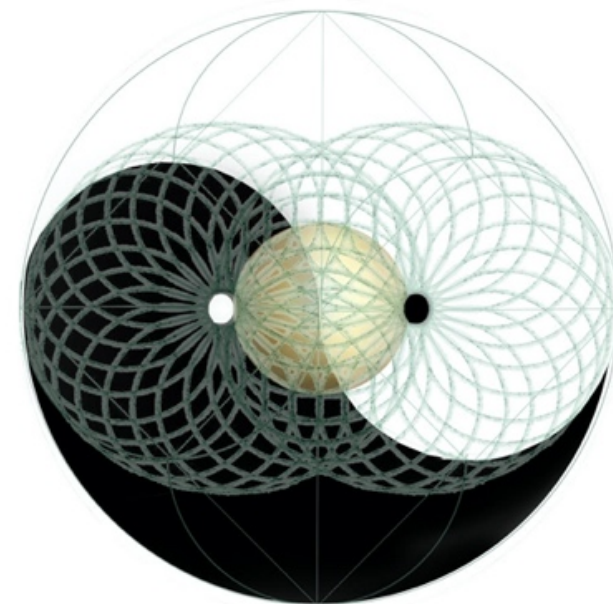
It is an area that can't easily be measured and therefore it has lost its value, and use.

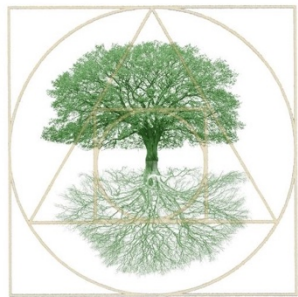
The inverted use of ourselves has made our emotions play out in shadow, as well as our thoughts. We have been totally out of control, unable to

steer our own life into the universal loving Mother and Father, supporting our wellbeing.

If you want to pause here and just focus on something that awakens your sense of beauty and love, it's a very good place to do it.

As in all places. The practices made before and during reading, will change its potential through the energy of love, and the twisted worldview. It will help the shadows and taboos dissolve.





THE PRACTICE

Becoming the next level of yourself

We start to be a co-creator with what unfolds in the liminal space, in sync with spirit and matter.

Experiencing the now moment gives an awareness beyond time and space. Therefore the previously separated different information to the brain becomes one film. One film of all experiences from past - present - future.

To use the potential of the now requires a chain reaction. Starting with being open to the information in the now; while at the same time accessing the stillness of the past - present - future.

It is like coming from a small pod of water where we swim around in the same motions, and come to open clear water.

At first, it confuses us about who we are, where we are, and we can't see any path at the beginning. Not knowing how to bridge the knowledge from who we were in the pod, to live in the open clear water.

The Father's work of framing the new into the sensation of ourself living in it and slowly come to clarity and an intention.

It takes our willingness to go on, and not return to the old.

You will develop skills that you didn't know you had and a retreat is a very good way to start practising the new in a safe space.

The change is not to go from one duality to another, but to combine the two to what is appropriate for the situation.

To understand the two sides of polarity and be able to put ourselves where it is most suitable to be for each decision, for each challenge.

To understand the potential of both sides of duality. When being in the liminal space of love, we will not neglect the other's reactions from the angles. With great humbleness, we will see the powerful potential of letting the angles resolve their massive materialisation, and use it wisely.

It will take us through the hidden shadow, grasping consciousness of the potential in the now. Explore what was hidden.

Use our choice.

Sometimes it will take you to the next reality, to explore and put what you choose into motion. Into form.

It's all up to you.

It will unfold a new potential of life.

Before this state, our latest form of us has to evaporate, our old "rights and wrongs".

It is not rare that people come to this state after a near-death experience.

But why wait for that?

Just diving deeper into the embodiment of the powers of the Mother and the Father, the miraculous unfolding that the two come together by themselves.

The embodiment of our vision makes the difference.

Connecting Heaven and Earth, the two parts of us, our soul and our vehicle, make us have an earthy experience.

The road into the depths of anything activates our senses, imagination, ableness to experience, and seeing visions.

The assimilation between the feminine and the masculine has already started here.

I have a friend who is researching a unique species of frog, and another who plays the guitar every free moment. They both have accumulated the same depth of balance within, just by their interests and dedication.

My invitation is to activate your feminine again, and then when you are ready for it, become the frequency of your dream work.

Reside there for as long as possible, and scratch the surface with all your inquiring childish innocence.

Stay there and just go deeper in your pure here and now.

If the Father comes in and requests your attention, just gently tell him that there are even more interesting landscapes to come, to tempt his thoughts. Let him rest for a while.

Your new vibrations will attract its counterpart, and with repetition, it will let you see which steps it asks you to take. Sure, it will take you away from your comfort zone.

All ideas about money, about standing in our light, oh they are all there coming, asking us if we are ready for change. To become the innocent child open to what comes, with wonder of the beauty of life.

The skill coming from being in the energy of the Child is receptibility.

Being in the energy of the Child, we can experience being a tree, or a cat,

and imitate their motions and sounds. Making the same in slow motion and then in fast speed.

Be in the here and now, and just get a conscious awareness of the different states.

We train ourselves to be receptive to pure information, without our judgment. Then we will fill ourselves as a glass of water, with the information needed in the situation and what we asked for.

It really feels so unproductive and ridiculous to be in this space when we have had our vision in inverted duality, in one subject at a time, but remember the serpent, the real here and now is just visible in the liminal space.

What do you see in the face of Albert Einstein?

The Mother/Father/Child interconnected, playing out magic and wisdom?

Connect to your Magic and the magic all around you, where you are free from judgment or presumptions.

Connect with Nature and allow her magic in the micro lens come into your senses.

Using all your senses to delight in the experiences you are having.

Play the Pollyanna Game, shift your perspective of the given.

A broken glass, the beauty of the shatter, can I create something from the new matter?

While cooking food, become the ingredients.

We are already doing so much of this without reflecting on it.

Isn't it remarkable that we already know how much we shall take on our plate when eating? That we know in advance how much will feed us?

Our trained senses take us into such entertainment, more magic for every expansion of their qualities.

Child's play is an inherited intelligence in us all. Maybe you have one or more children in reach, and can let them take you into their world.

Dancing, painting, following the flow.

Use your voice and body in new ways, silent and loud, experience your own different power, and make them your tools.

We already live the magic.

The liminal space will get more and more real with practice of the Mother, Father and Child.

What finally happens when coming to the Yin-Yang balance is that we have learnt to extract both dualities from the other.

They will be our tools to develop, expand and ultimately master.

Choose one of them after the activation of the other, and totally use their individual power, held by the previous energy.

Getting a vision just because we are in flow, opens up the energy of the Mother, and then when our intuition takes us there, we will let her be and be totally focused on our treasure that we want to realise into matter.

Make room for your change

To change old behaviours, it is beneficial to know how to create our everyday life, mixing the Mother and the Father in our “schedule”.

Ritualising our day will make the interaction within ourselves be done by itself.

Our body will store the activities and synchronise our new life, when repeating the rituals, the same time daily.

With each day the sensations of your new beingness will expand its vibration.

You can recognise how the night and day shift in how much that moment contains the Mother and the Father. Then use their energies, knowing how to ritualise your day.

The Dream state, the early morning, is an extreme state of beingness on our Earth. That time when the Father is starting to infuse the long resting of the Mother.

When she is still the most dominant in the present moment and then when the time comes for the ecstasy of their coexistence.

The life on Earth at that time is in another dimension.

By the day, the energy of the Father is getting sharp as a knife, if there aren't clouds hiding his light.

If you are planning your day, which activities are best to do in the morning?

In the mid-day, the afternoon, and night?

How may they generate each other's potential?

Their best order?

We are always influenced by the eternal shifting planetary life, and the moon's shifting energies. With practice, our sensitivity to their influence will increase. They can be our partners, coming into synchronicity in our life and trajectories.

If we still are in the inverted polarity, focusing on the subject, the first answer will be:

“I can’t change the structure at my work. I have my working hours, and my bosses will not change their way of leading the workplace. I can’t start playing, in the middle of a meeting.”

Oh no, that is really not the way, it is seen from the liminal space.

You don’t have to change anything in the structure. It will change itself with you, and with that you will find out what makes the work exhausting, dull, time wasting.

Which are the sensations you have in your different subjects at work?

Change your perspective on how to approach that very activity with your awareness.

Maybe a shift in approach will solve some of those unwanted sensations?

If not, your experiment will show you the way to another place. It's not about the doing. It is about how you receive that now moment.

A daily rhythm starts first thing of a morning, with some practice.

Some practice that awakes your body from the rest state.

Practices which elongate the influence of the Mother's work during the night.

From there, ask for guidance, blessings and protection from your inner self and the spirit realms, guides, angels, Gods and Goddesses that you believe in.

If you don't believe in any of them, maybe simply open yourself up to receive the highest love possible during the day.

We are always guided, but with that ritual, you open up to receive the guidance.

The rituals will clear your vision and calm your heart, ready for the day.

It is a time to treasure, don't rush through it. Ideas, solutions, emotions of love will start your day, making it fuel for the whole day.

Then one practice at the end of the day, with something that takes the Father's work during the day, to land.

It can be playing cards or something social, sharing the day with someone, or switching your focus from that days' work.

End with some time for yourself, in some kind of meditation mode, giving thanks for your day, and receiving guidance.

That ritual will clear your sight of judgement from the inverted dualism during the day, and make your sleep and dreams calmer. You are then able to transform the most important wisdom from the experience of the day.

The mind and body then get ready for the Mother's work during the night.

That will do at first, then, if you so choose, reflect during the coming days, on where and when your brain gets overloaded.

The Father pushing through, or when the Mother takes over with a loss of inspiration and energy. Just reflect. Nothing to do. Notice and let your practice in the morning and evening let the research dwell in you.

You have created a bridge between your innate duality now.

Just by noticing where your brain gets overloaded and your emotions drain, you will know where to make a shift between the two polarities.

It doesn't have to take that long time. Just a breath and you will investigate what is needed.

Then just go back to where you stopped. Just a short shift, activates the Father/Mother cooperation. It activates the masculine motion in angles, and it creates a break for the Mother to harmonise the distractions in your being.

You don't have to stop working one single second. Just use your senses differently, with a touch of writing it will take you into the here and now.

Activating the Mother and the Father

Soon you can see the pattern and start to anticipate the draining situations.

Now it is time to establish an energising pattern to make your body accelerate the benefits of that ritual, thanks to the repetition at that time of the day, and the week.

This is a huge shift. Maybe you want to write down what is shifting in you, and your relation with your work.

The first noticeable shift will be in your inner world.

Then the outer receipt will come, mirroring that new frequency of yours.

Noticing the shifts is the real medicine.

Your notes stimulate the Father's direction, and with that, it's less to heal the distractions for the Mother. They co-create the new. Your mind, heart and body were connected at that moment. The new direction is their mutual agreement.

It will not make you cope with your work, it will lead you to creativity and knowledge about yourself.

You still start to be the conductor of your life.

From there you will make new decisions and trajectories.

Here are some great ideas for making ceremonies and rituals even more powerful. You can try some of these, and your own ones.

The wisdom of letting go, to make the unwanted leave. Write on a piece of paper and burn it.

The wisdom of intentions and prayers. Put a note into your sacred space, bringing it into your rituals.

Celebrate. Have fun. Make it a party.

The invitation is to always take some breaths between different meetings, different workspaces, and between all your shifting activities.

It will make things settle and give space to be in the here and now, in the new. They will then start to inspire each other.

In that space in between, it's good to drink some water.

The Power of Three

The triangle is so useful in all areas of life. The liminal space always occurs when you have an interest, and are doing something else.

I was working as a tennis coach at the same time as I had an assignment at university to co-create a course, teaching entrepreneurship, applicable to all sectors and industries.

I was inspired to see what really made people entrepreneurial, and explored the path to embody the skills.

With my deep interest in this area, associations came forth from all other areas of my life. Every strike on the tennis court was showing itself, to teach me something about entrepreneurship.

I saw how effective it was to my coaches that I had this ability to use my various interests and knowledge from seemingly unrelated areas. Using

analogies to make the present easier for them to understand. It also makes it easier to see our own areas of improvement and blind spots, by seeing it from a distance with a mirror.

Two working spaces accelerating each other's potential. The space between them - the Child. The void of potential unloosened by a pure interest.

A big need in society, and within us, is loosening up the separation between fields of information.

My best time at work is when I have two different assignments. They give energy to each other by my shift from one to another.

Also a co-creation with two colleagues. That is amazing, how we widen our field by each other. Just starting with landing in our hearts before we went into focused work.

When embedded in our hearts, a united field of trust, our different specialisations and characteristics start to sync with each other, and the co-creation leads to becoming the Child. More excellent than we could ever have imagined.

Our co-creation integrates like the cells and organs in our body. There is a need for a good structure to come at that point, and within our mutual skills, we find the best available.

If you want to practice again, you may put your focus on something that you want to manifest, and root it in your emotions and willpower. Let it unfold through your other activities in life.

It will make one activity be the stepping stone for another.

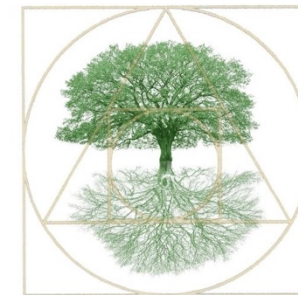
Be with your intention before you really are awake in the morning, while you are still in the dream state. All will unfold if we stop forcing our activities. It will fall into the place of its potential.

How do you want to activate your beingness in the liminal space?

You can choose to be in the here and now, and just be with the shifting sensations or make your inner Mother work at first.

Then focus on a subject where you want to enlarge its possibilities, and from there, make a new decision from those new insights.

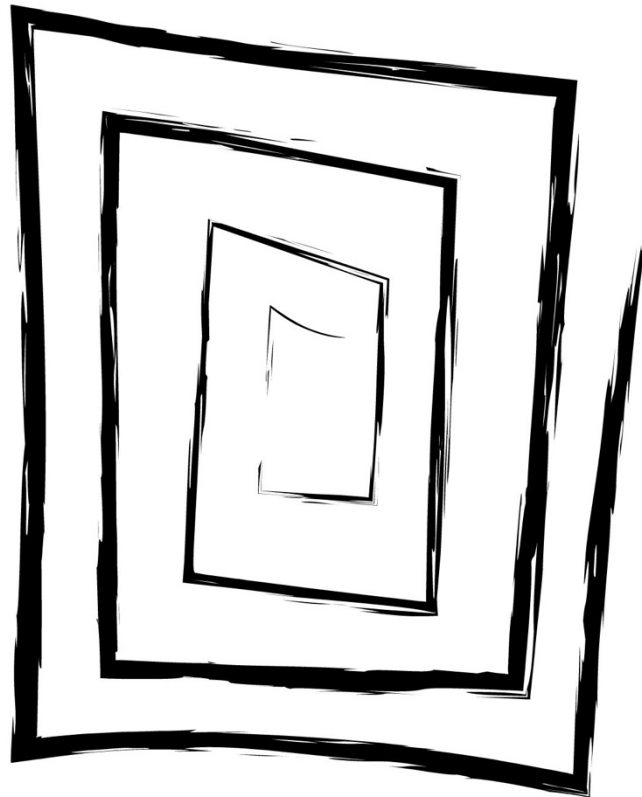
To come to a new practice of duality, we are taken to many different tests and exercises.



YOUR POTENTIAL

A very crucial state on our path towards becoming balanced, is to remember how the male structure is built up.

We are so used to taking action without reflection, as the masculine energy does, ignoring the zero's between his manifestations, making him come out of synchronicity with the here-and-now reality.



A totally new behaviour is required. Listening inwards, calling in your here and now.

The short delay of delivery, will make the difference between walking the path towards your inner goal and potential, or not.

Within every decision, a new 90-degree shift will be taken within your energy system. Cutting you off from the previous. What the new behaviour requires, is to wait for the Mother.

Just a breath inward and she will show you if the time is appropriate for taking the decision and whether it will land at the right playground and if it's really a good idea at all.

At that liminal space, your Divine Father and Divine Mother are co-creating the insight, without your conscious interference.

It's not hard work, just a change in our reptilian brain, how to live in the moment.

Where is the place to manifest your dream?

To live on Earth is to realise that different frequencies have materialised themselves with different mass, weight and volume. So has our idea of reality.

The heavier mass, weight and volume a society has given to a specific reality, the better it will take people's attention and colour their view of reality.

Trends are coming and going (mass and volume), having an important job (weight) shifts, with the evolution of our societies.

As you can see our different societies' ideas of reality have matched, merged and contradicted each other over time, with values shifting endlessly and continuously changing.

The values, producing power to different realities are now changing from each person and each society.

To find the platform for the delivery of your dream, it is crucial to listen to the now moment, with creative experience determine where one manifestation of yours will give the best effect. Where it will create enough weight, to be a stepping stone for the next delivery.

We don't want to exhaust ourselves with lots of different activities that make us stand in the same spot day after day, year after year.

This is what I did before meeting my business coach Katrena Friel.

I tried everything possible: dedicated all my life to my own healing process, taking education after education, educating my body to receive conscious guidance, channelling books and printing them, delivering workshops and retreats, and producing artworks, and concepts. For every materialisation, I got more and more into knowing that I had something important to give to the world and thought that my manifestations would shine their wisdom, and be prized.

It wasn't until some years ago I understood that human shadow creates our lives and perception. That people often weren't receptive to deep transformation. They have put their consciousness to mass and volume. The things that are easy to grasp in the reality that they already lived in.

It was not until now I really understand the reality of our three-dimensional world.

The quality of the material changes with the viewer.

All information around us comes into a certain lifestyle and worldview, dependent on how much mass, weight and volume we give to the different information.

Our free will is never to be broken.

Not until I surrendered to having my business coach Katrena, I understood what I was missing. After all my trying, I was frustrated enough, knowing that my mission wasn't coming through without help. I felt as if my life was in vain, and at last, I had to shift my stubborn attitude and stop doing it all by myself.

What became clear was that I have delivered a compact visionary volume of high-frequency information, without landing it in the realm of the one I wanted to reach. I lived a multidimensional life and applied my materialisation in that same space. I had forgotten the language differed from the requested receiver.

I missed understanding the reality of the normal everyday life here in Sweden. I felt it was grey and uninteresting, and excluded it.

Oh yes, the discoveries from that, were very important: it took me to understand the veil of the shadow, surrounding us humans, including mine and learnt how to heal them. To realign clients and me to the one we are, in our Divine selves.

Nothing is in vain.

As written about the triangle of the victim before, when I didn't like something, my attitude took me into a trap.

I created two realities.

I fenced myself from all of these qualities in myself. I had put up a waterproof curtain for the people whom I wanted to reach. I also had emotions about them, linking me to that reality. All negativities are inverted polarities and led me to this moment. This catch-22. I got the inverted frequency of my delivery. My ableness to spread the information that I put value on, was eliminated to just reach the ones already there.

Of course I didn't launch my products. My acts mirrored my shadow.

So before going too far with your materialisation. Take a step back and calculate the body of your creation; what is the mass, weight and volume of it? Where does it belong? Where are the ones that would benefit from getting reached, and what makes them excited?

Take help from others who have perspectives, knowledge and wisdom that are not yours yet.

As in my case; could I transform the high-dimensional information to land in the world where most people's reality exists?

Can I go into the life of corporate people and understand what is important to them, accepting it without judgment and understanding what gets them excited? Yes, just noticing my shadow, it was released into love. A most powerful healing to myself. The biggest invitation for me to belong in my own surroundings, loving it all!

I did all my earlier materialisations in my own comfort zone. Within that, I hid from my most scary experiences. My hidden fear that steered my materialisation was standing in my own transparent light, trusting it.

In my shadow, I was afraid of being seen, and afraid of the results of my powers if I would let them loose. Isn't that a common one?

My judgments towards the mass and volume in society was a perfect mirror of my judgements toward myself.

My decision to receive external help pushed me toward the edge of my comfort zone, finding my blind spot. It made me experience my emotional reaction of fear, and when I faced it, realised what it stood for. Then to accept it and finally to let go of the next layer of shadow.

Words from Ganesh in the Vedic tradition gives a wonderful direction into forgiveness.

"If I were you, I would have done exactly the same as you did".

Sense how we, if we embody the sensation in that moment of being the other, absolutely could have done nothing but the same. Every breath is always an exact reflection of the here and now of that person.

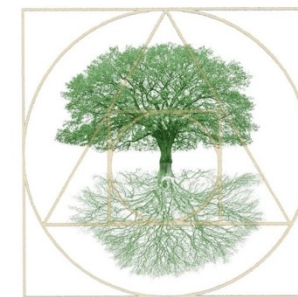
With the depth of this wisdom, we will respectfully understand the frequency, creating the life of a person and all their behaviour and choices.

If we really admit to going into their world and embodying it for a moment. With the humbleness achieved, we would forgive ourselves. Bit by bit come to the self-love that will accept the divine Mother and divine Father within us to interconnect, and with that, shift the vibration.

From singular services to one mass, will create volume and if we desire, weight.

There are lots of ways to use the liminal space to unite our singular services and let them create the Child. With our own products combined, there might come one small act or product linking them together into the density needed to attract. It can even change the direction to another area for the content.

Let your liminal space work for you in the way you wish, and include others that will create your desired weight and experience the mutual expanding of each other.



BRINGING IT ALL TOGETHER

When we start to lose our awareness in the realms that our old paradigm has taught us, they will lose their power of being real.

In the here and now we are connected to the world beyond the seen.

The world that we already know through our own devices, choices and experiences.

Our everyday tools. The one reality where creation takes place.

Then afterwards it is visible as mass and a fact for our eyes.

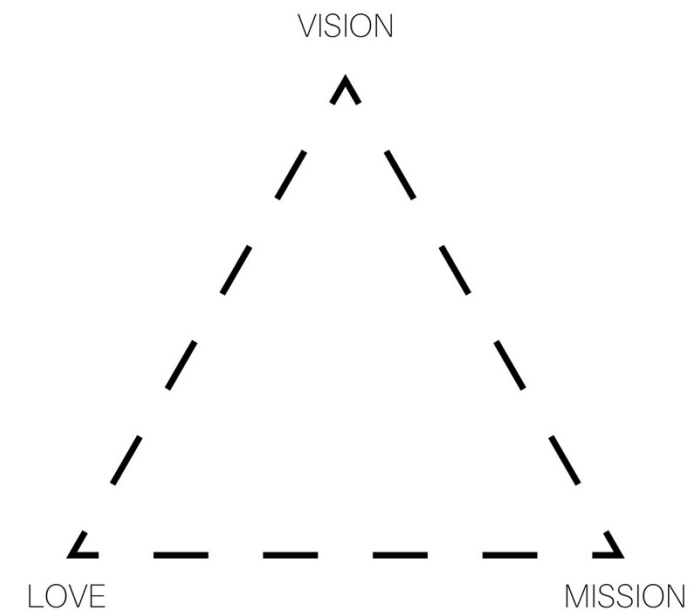
Everything is decided before it starts. It is already done in the liminal space, and then the result is seen by our vision. Seen as the real happening.

We all have different blueprints. Different inherent intentions, and different approaches to achieve them. My wish and belief is that the reality of healthy duality can help all of us to create our own unique fulfilment. Our own practical use of the tools given.

Create a path of confidence that you can trust. With a mission in your body, love in your heart, and a vision in your mind.

What do you think that you will attract?

The three internal intelligences with their unified attitude, will accelerate the other.



Let's get clarity on, and activate, your vision and mission.

What is it that you reach for?

I invite you to enlarge the room in your body. Make your body sparkle with enthusiasm, passion and excitement.

Reflect on the inner values of your dream.

When you have that value clear, ask the same question three times,
“What will make me happy with that experience?”

The questions will take you to the liminal space.

With the process, you will be connected to the web of Creation, and there attract guidance resonating with your attention. During the process, clarity will come to take appropriate action.

I think that this is so exciting! Don't you?

What is your mission? Just make a draft of it. A sketch.

Then experience your mission and ask yourself, “What is the mission hiding in that mission? Condense the mission to its essence.

Then ask yourself the same question two times more.

- What is the mission hiding in that mission?

- What is the mission hiding in that mission?

Now you will have a multidimensional view of your mission.

All of the four, giving information to the other.

Go with the Mother and then let the vision unfold. Make your body move, and lose your mind.

The embodiment of your mission will open the door.

Our brain, when it has got a task to solve, will continue to operate in our subconscious, wanting to find the answer. He will not let go until it's done, so just wait for the intention to land, until something really interesting starts to assemble.

The Father always tries to grab the first one, so let him be out of the game here. If he solves his task here, all the dormant potentials will continue being dormant.

New insights will come during your pure awareness and beingness with the unfolding. Let the film continue. New insights, let them flow wider.

The information will order itself from your inherent mission.

With your intention to land the film, the Father will burst with inspiration, thirsty to combine the potential, into a concept of intention.

With this process, your intention will not only match your mission, but the film has created graspable content, living within you.

You will from here both attract and certainly know when and if something suits your path.

We know spirit always takes the easiest way to its next destination. So just let the web do its work. Be awake to receive, and then take action.

Now it is time to use the Manifesting wheel on page 186.

Can you sense how this process is working as it relates to your dream?

A dream that is the counterpart to your experience in your corporate work.

The process uses Divine Duality.

The duality comes from balancing your inner Mother and Father.

Life is creating a work of art and will let us experience signs and guidance at a deeper level, giving us context.

With practice using the tools, you will, as I did, come into facing the edges of your comfort zone. The ones taking you where your dream resides.

I invite you to again embody your dream “work”, your dream activation of your vast potential.

Embody it as much as you can.

Give yourself the gift of receiving powers from whatever and whoever you want to match and merge with.

Listen deeply to the veil that may be stopping you from receiving what you asked for and take care of that shadow with humbleness and grace.

Let it speak out, and it will help you get closer to your dream.

How does your dream activate your economic, social, mental, and emotional wealth?

Down the track ask yourself “What were the turning points, that helped you get there?”

Doing this work will allow you to tap into your higher wisdom and guidance, getting all the answers you have been looking for.

The Wisdom from your Higher Self is connected to the vast web of information from all existence. Connected to the void of potential. The place to change potential into new realities.

What this book is calling forth, is to realign ourselves to the one that we are born to be.

Knowing that it is safe to come home.

Knowing that it is safe to be happy and even ecstatic.

What will give you pleasure, joy and love?

Let go of the burden on your shoulders, with the knowledge that your love will do the work.

We can give ourselves permission to be in the present. To live a life that we love, and by that, lead us to produce value for ourselves and others.

In which field? The love will guide us towards it.

The new reality will make all your inner work lasting, though your own worldview will not contradict the healing.

It will take you from reacting to listening to the unfoldment's inside yourself, and then into creating the new.

We are all in the becoming of the new world, and during your process you will find like-minded people.

Which world will your beingness create?

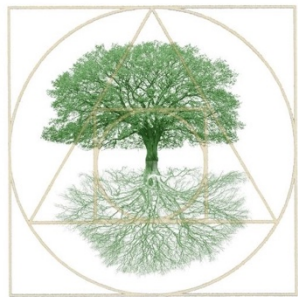
The answer to that, is the hidden treasure in the liminal field.

Divine timing comes with your individual pace.

The synchronicity of life will take care of your well-being, if you just do it yourself, as well.

All mirroring each other.

I wish you a wonderful time!



AFTERWORD

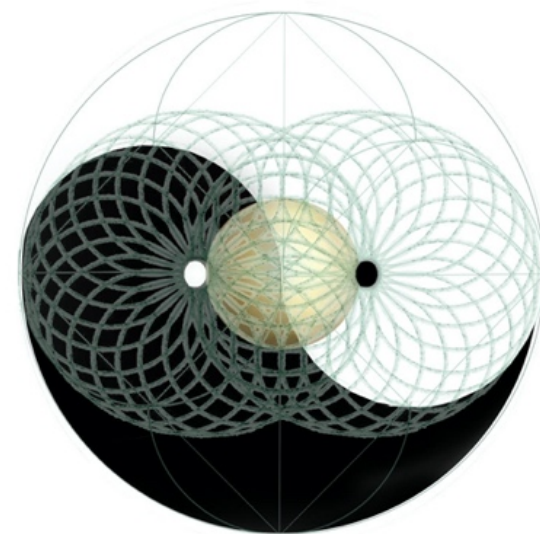
Doing the practices throughout the book will give you clarity, and put the dots of knowledge together in your own operating system of wisdom.

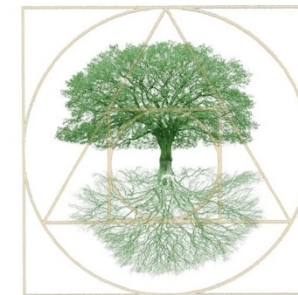
It will make the content a living practice.

But don't forget: this is a huge shift in the common perception of reality, one of the biggest possible. So don't judge yourself when dropping into the old paradigm, that is running around us all the time!

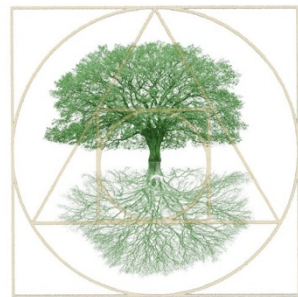
The practice will take time. When you are ready, you will use Divine Duality in your own unique way and thrive as a result.

Singing your own song.





WRAP UP
The rebirth of your Soul



NEXT STEP

Organise your
Free Discovery Session

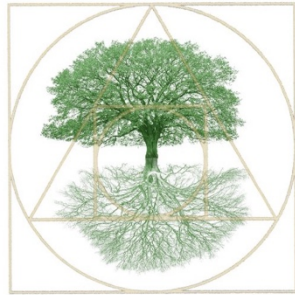
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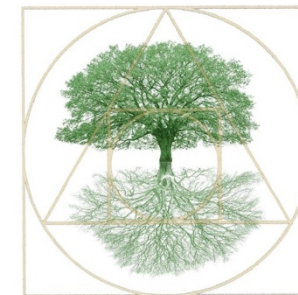
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TESTIMONIALS

“

Inaya Oakroot has a gift. Clear as quicksilver, she imparts her knowledge. Profound, solid, professional, gentle and sincere, she connects you to your soul. A true creative force to have total trust in. Making you flow.

Cecilia Gelin

“

I would highly recommend everyone to do a Soul Realignment with Inaya. This is truly a wow experience. After the treatment, I feel like a completely new me, I experience such lightness and renewal on so many levels in depth.

Camilla Ojes

“

To land and go deeper and deeper together with Inaya as a workshop leader was a magical experience for me. The great presence and space that was created gave me an opportunity to receive myself in new ways.”

Crissula Nordstrom

“

My impressions after our work. You have a divine gift of seeing the core of things, of the energy that your client brings into the session. There are not many words coming from you but a simple question that is stunning and moves the client light years ahead opening new perspectives. Yet it is so safe a journey with you - one can feel your calm and positive presence. Very reassuring. Lots of space left for self-exploration. This is how I felt. You helped me to come back to myself. You happened when I requested help from the Universe - when I wanted to go back on my path of discovery. And here you are.

Kasia Tyszko

“

From a state of confusion, lack of perspective and an overwhelming feeling of distrust towards myself and my surroundings, I came to Inaya with a cry for help. Inaya's empathy, competence and skill set within energy medicine, soul realignment and connection to source, she guided me through an unbelievable transformation. I can honestly say that nothing is the same. My negative thoughts and emotions are no longer the master of me, but I'm the master of them. I now have the ability to see and choose love and joy.

Elin Persson

“

Close contact with my soul and tools to reach it in everyday life. For me, who easily falls into thought and falls out of heart and body, I am grateful to know that my own voice can balance me and to be able to practice with the help of Inaya. I love the concrete embedded in the infinite, leaving me with a feeling of great joy that I can't quite place, feeling like I've been part of something important and feeling both grateful and strong.

Jana

“

The session with Inaya made me release all anger from trauma, it made me free to live and to fly again.

Klara Ingvarsdotter

“

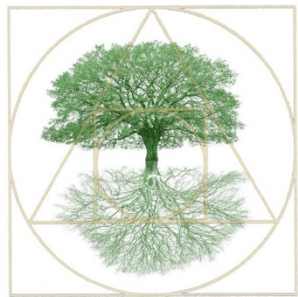
I have longed for this without knowing it. It is evocative and forward-looking, playfully intertwining fields of science with thoughts that lift and make me smile.

The pictures follow the words and are concentratedly precise. It is a beautiful book. I eat the words with a big soup spoon and want more, rereading the sentences. The observations of life in being and living are apt. Recognising connections gives me joy in the body and the soul gets more space.

With surprising perspective, the ideas speak to me, giving me confidence with every breath.

It is in front of me and I read it whenever I need a snack, or while eating lunch or dinner. It is a book that nourishes and brings joy to my soul.

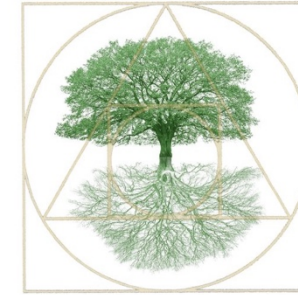
Jana Duesenberg



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