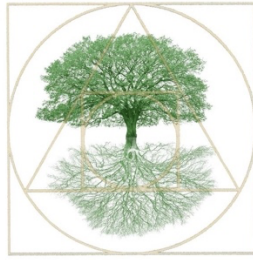
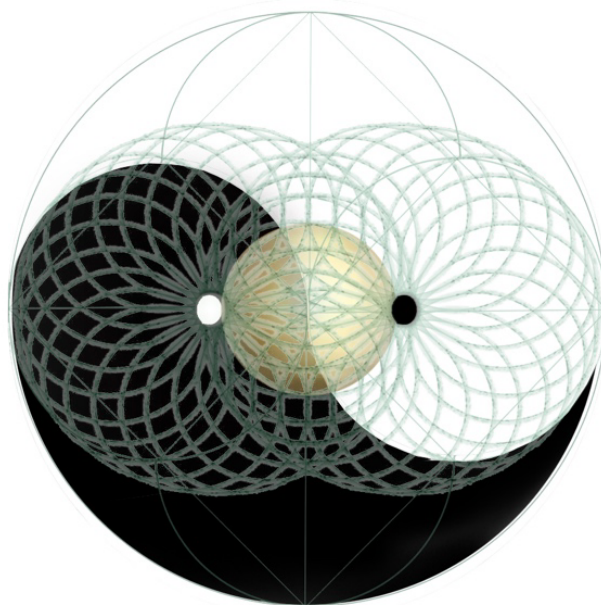


Unfolding your Divine Duality



OAKROOT
Spiritual Academy

Divine Duality





Divine Duality

The Paradigm Shift

Divine Duality is a shift of perception about reality, where we will use our intelligences differently, with a worldview of us connected to all living things.

A shift that can heal our world and create a new one.

It has parts that look like shamanic wisdom and ancient teachings, but with a scientific worldview, and an understanding of human potential.

A concept neutral from any cultures or religions, and possible for all humans to experience.

A needed add from the ancient teachings to make us understand what has created our present situation of conflicts and diseases, and the energetic release of it all.

We need to understand that the reality we see in front of us is not a truth of nature. We need to understand our own perceptions and what they create.

The potential side of duality, that I call Divine Duality will make us vibrate with so much joy, and at the same time it will heal ourselves and the world.



Background

The worldview of duality that we have lived

Our cultures, and we ourselves, have built our reality from a split from source.

A God watching us and discriminating good from evil.

A worldview created that we have to look for validation from outside of us to be alright.

A reality that makes us separate from the thing or person that we are watching... what we experience as "outside" of us.

We have learnt our knowledge from others and learned to mistrust our inner voice.

The sensation of feeling disconnected from our surroundings have activated a mechanism of survival. A fight between winners and losers.

Our old perception of duality has created a use for our brain where it operates outside of its coherent system of the heart and body, and the separation has created a totally different world than we expected from our ideal world.

It created for us a sense of being afraid of the new and the unfamiliar.

The mind-brain's intelligence operates from 0's and 1's. It is digital and the 0's is considered as nothing when our brain-mind is separate from the heart and body.

All that we can't see or understand from our worldview is locked out from our perception.

Meanwhile the heart intelligence is working through connection, and our body operates in a spiral function. Fibonacci, is our manifestation tool.

The communication between the mind-brain and our body goes via our vagus nerve, and the communication between the body and our mind is 9 times out of 10 from the body to our mind. 1 time out of 10 is the instructions from our mind to the body.

We haven't listened to the wisdom that the body stores - information that makes us coherent with natural laws. Our heart has been inverted, with the result creating disharmonized emotions.

This is the background to the life we see around us with conflicts and war.

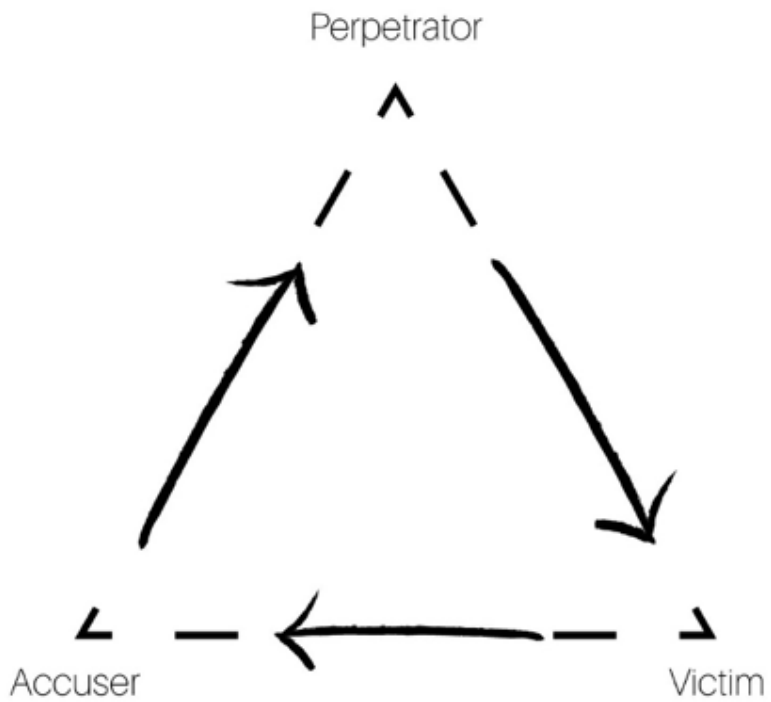
A war that exists within every person who operates from the view that our cultures have taught us.

Our bodies are screaming to be heard through dis-ease. Our heart can't connect us to the reality around us, making us a victim of our circumstances. Accusing various things that are happening to us from the outside, like our mother and father, our relationships, our job.

We are running in the energy of war. The triangle of being a victim, accusing a perpetrator. And the one accused, the one that we perceive as the perpetrator is taking the position as a victim. We have created guilt, blame, fear and anger through the very first seed of perceiving the world as separated.

A split from source has cultivated this worldview, that created all.

Adam and Eve thrown out of the garden of Eden.



Divine Duality

Coming back to the Garden of Eden

The concept of Divine Duality will rewire our perception with tools created from the origin of the “Big Bang” as source expanded into duality – not a split from source.

Totally different worlds appear and grow from these two different perspectives.

We humans have come to a crossroad where we obviously can't continue as we have been living, and we can't find our way out of it within our old worldview.

Source expanded into duality...

The worldview of Divine Duality is viewing source as exploring itself through counterparts; through the energy of Yin/Yang.

Yin/Yang - a field of polarity that manifests all energy, thoughts, emotions and activities into beingness.

An event that fractalized source consciousness into a living interplay of source own energy, and the interplay between these multicolored spectra, boosted by creations own inherent breath.

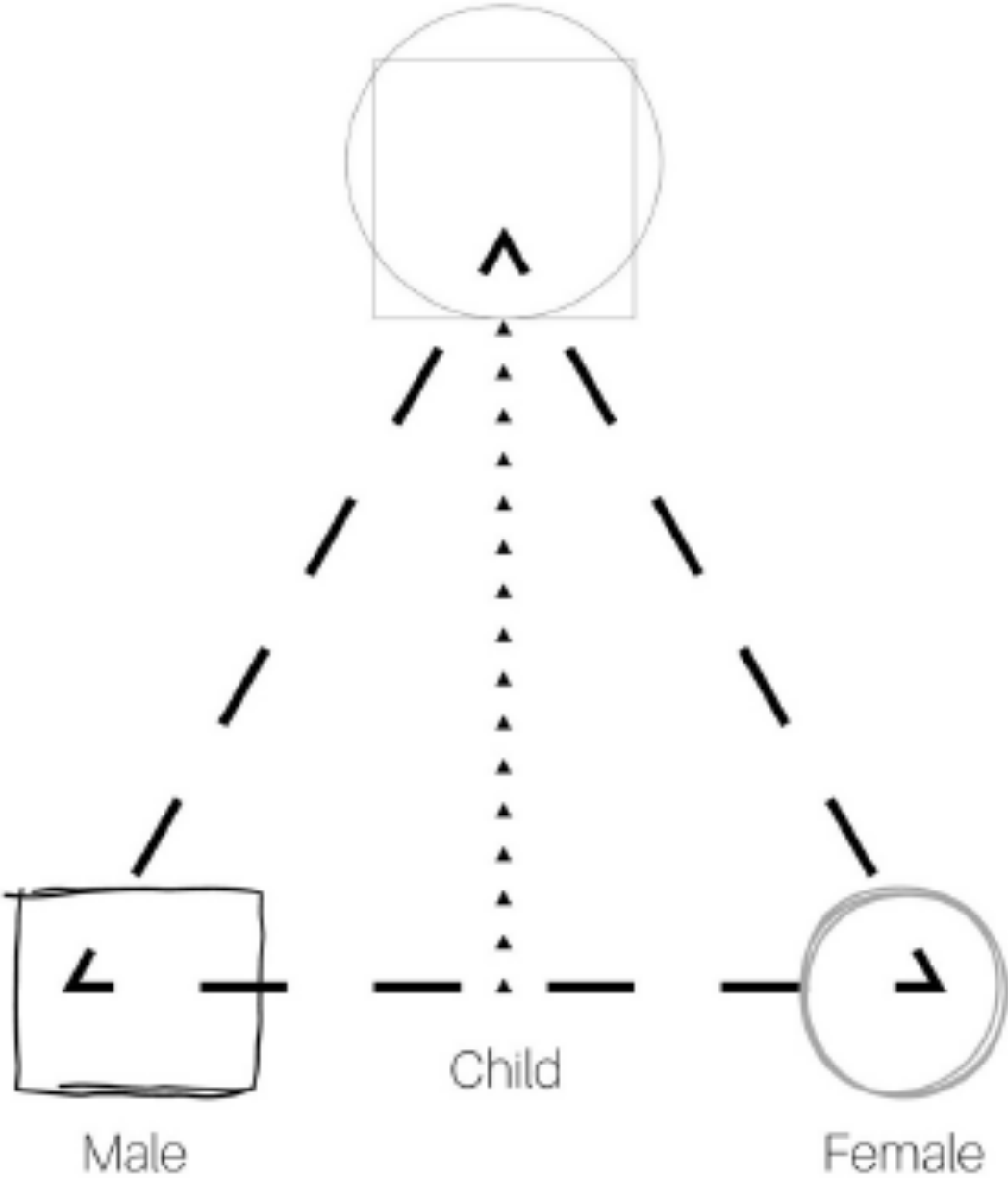
We are a fractal of source with our unique consciousness, as all natural sources have.

We are surrounded by living consciousnesses, all connected to the one breath from source. It creates another use of the energy within the triangle.

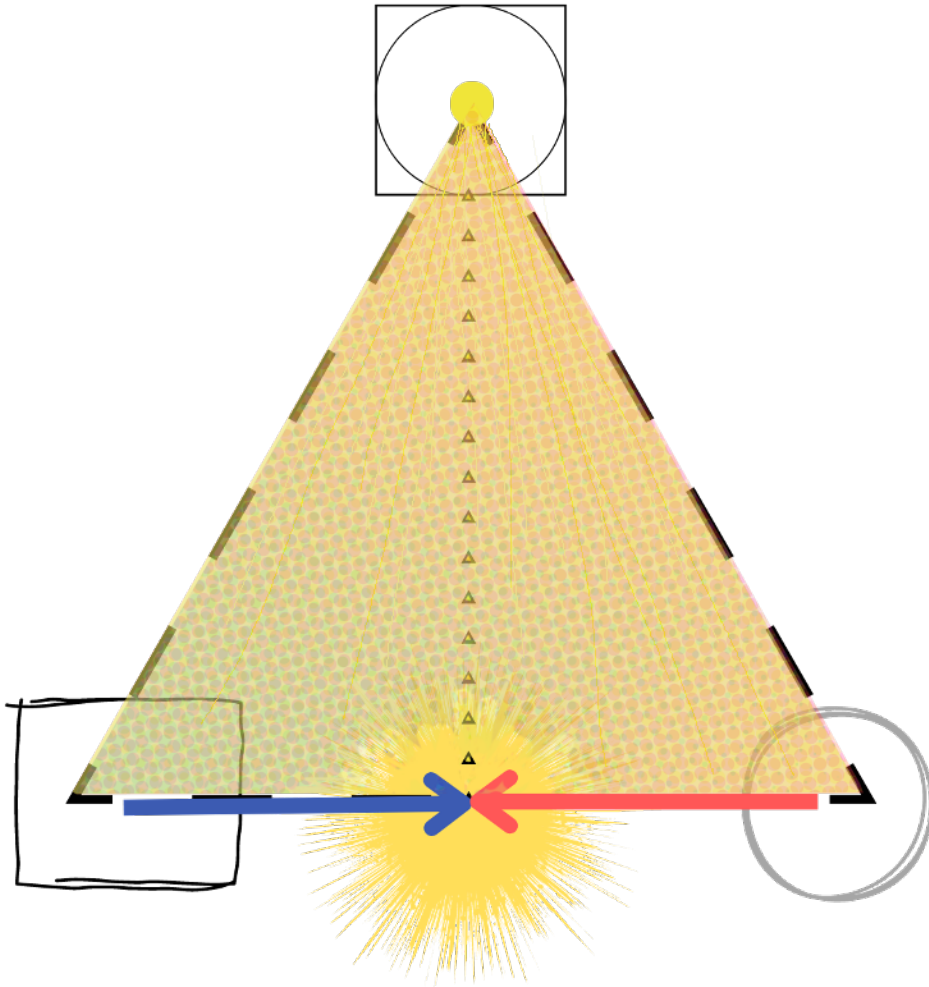
The energy of creation will work for us, and not against us; counterparts meeting in the field of natural law, creating a potential space of new realities.

With the perception of Divine Duality, we have a space of collaboration between counterparts created from connection with source.

A balance between our two inherent polarities; male and female, creating ideas and realities birthed as the two counterpart's child – A product of source and natural law.



2: Source Infuses the area created



1: The two counterparts of attraction activates the energy of source, and a creative field of potential is birthed from their merge (marriage)

When we have attraction between ourselves and the field of relations around us, we are entering the same creativity as source itself.

Our mind starts to hear the messages from the heart and body.

Our cells vibrate in harmony with each other and create health.

We will learn from each other, listening with our full capacity, and from being seen, our personality is getting clearer.

We will fuse each other's ideas to see the wider wisdom of the present.

We will not allow anything that is contradictory to our inner knowing.

Our energy field will tell the bigger story of what isn't good for us. It doesn't mean that it is bad for others, just not for us to participate in.

The key is our empathy into the core of what we perceive, until we embody the energy.
Within the process we are getting connected back to source, and its vital vibration is pure love.

You know everything at its core is pure love.
It is only the surface that can shift into the shadow of its light.

To embody is a safe place, grounding and widening our own beingness.

The purpose of being a human and to see from this point of view, is to be oneself.

Authentic and open to the potential of growth from our relationships.

Relationships with all nature, and within that, be the part of creation that our inner guidance already has planted in our DNA.

Our unique coding that is making everyone of us special, and being able to expand our uniqueness thanks to the other.

The liminal space between two counterparts is creating unique information that both parts thrive from. A mirror of how two lovers of male and female can potentially manifest a new human – a child.

A new unique person.

In the liminal space between two ideas, a unique idea has the potential to unfold. The liminal space between the mind-brain, and the heart and body is the creator of reality.

Our inner guidance has another guidance other than rules and manuals.

When our intuition sparks of inspiration we know that we are on the right path.

The reason for these sparks is that source energy is running through our system and activates us with synchronicity with the all.

All in universe is striving toward its next step of evolution, and our inner voice will guide us there. When we don't live in that stream from our inner voice, our life force is declining.

We will come to the practicality of Divine Duality, but first we need to zero ourselves from anything that we hold as truth.

Some of your truths will stay after the threshold, but only the ones that are beneficial for your true existence.

*There is a path of neutrality to come to the shift
from our old worldview and into the one where we
can thrive*

Our attachments are energy cords holding us in an iron grip glued to the old paradigm.

Everything that we hold on to as truth and important for us is in the way. And with the old way of viewing duality, we are afraid of the new.

All change is uncomfortable from this perspective.

But we will not lose anything that we have achieved as knowledge, experience and wisdom. They will just turn into a new use and connection with each other when we let go of it all.

A powerful and resilient resource that we need in a world of change.

When we are detached, our energy connection is lost to the subject or object, and from there we get a clear perception.

A perspective from above appears.

Accepting life as it is and from there take our steps from our inner guidance.

It is not to be mistaken for approval from the world surrounding us.

Accepting is about not wanting to change anything existing, but to experience it clearly with no exceptions, and from there take the next decision about our road forward.

We cannot change anything that we experience. No persons. No cultures. Nothing. But we can create new realities from our neutral perception.

If not neutral, we will build everything from something that does not exist, and we will crash with what we want to change.

With neutrality and the embodiment of Divine Duality - being a part of and connected to all, we attract that what we often didn't know existed, but what our intentions and inner visions energetically call us toward.

Our inner guidance can be far from vivid after a life just listening to outer teachings.

The fastest track to come back is through healing our filter that steers our life, and at the same time treat ourself with love, compassion and patience.

We need to clear our worldview from guilt and shame that our previous perception of duality has created.

We have the road in front of us to heal our subconscious energetics that steer our lives.

To get out of a life with frictions and contradicting energies inside ourselves.

Our bodies function of being our neutral catalyst

Our body, as well as our root chakra is neutral.

It is our unique spirit and soul materialized from Mother Earth's body.

All living beings are spirits without a body until it reaches Earth and is getting a functional costume according to its vibration.

That's why we humans can test any question kinesthetically.

Our bodies are connected to all vibrating existence in our universe and when we ask it, it is resonating with yes or no, and if we can listen to its language, it speaks to us with its information, via our vagus nerve the information reaches our mind-brain.

Our bodily structure is connected to the elements of earth and to the cosmic realms, from where our intuition is getting its guidance.

Our intelligence is divided into three brains

Our mind can be hyper charged, sharp and create reality, but only if it is embedded in the field of our electromagnetic charged heart frequency.

The heart when activated is connected to our body.

The three connected as one, creates thoughts that is in synchronicity with the world around us. What we create manifests into being in attraction with its surroundings.

A superpower.

When connected, we can detect truth and potential beyond what is in front of our eyes.

The more we embody what we focus on and connect to, the more we start to resiliently radiate that energy. Our ocean of energies attracts the stable signals to come into our lives.

The deeper we root our connections, the higher can we reach consciousness that is abstract in the field of wisdom that is surrounding us.

We are getting stable like a tree with its roots.

When we activate our bodies, information from higher wisdom is coming in.

We will be conduits for source, creating reality through us. Through our uniqueness, and we are getting inspired.

With the depth and the height, amusement unfolds and pure amusement makes our cells and DNA vibrate into health.

With health our vision is getting clearer. A serpent of wellness is created.

Cross connecting our Yin/Yang energy is making us a mirror of creation.

We are becoming crystalline in our bodily structure.

If we live in a field of stress or isolation, our mind is a victim of circumstances, and is losing its power.

Our purpose in life through the perspective of Divine Duality

We all have an inner longing planted in our DNA.

A personal intention.

When we have our senses activated, and are listening to our inner quest, we come into harmony and in synchronicity with our path.

When living in Divine Duality there are no filters hiding our internal wishes.

All thresholds are then portals to the next level of our creation.



My Inaya's Life

Living in Divine Duality

Throughout my life I have been living from my inner guidance that led me to Divine Duality. But it is not until some years ago that I came to the core of what it really is.

The guidance has given me new options in life created from pollination between subjects that have attracted me.

At the same time, I have lived in, and practiced, the old paradigm of duality with reactions and criticism, which have given me the perspective of the suffering that it has been created.

This is a short version of my story and how creation between counterparts has created my life path.

I knew from the age of 5 that the path of being an artist was mine.

From that I had a unique freedom in school. I didn't learn to take any exams, but did it with interest, or sat in the classroom drawing.

I was hungry to understand the metaphysics of life, so many of the subjects attracted me.

I started to play tennis when I was 11 years old and when I turned 14, my life took a new turn when I was asked to be a tennis coach.

Very quickly I found the studies in school went easily, when I started interacting with the studies and 24 hours of tennis per week, my art went to new heights.

My body was always fresh, and all the information came in like running water.

Leaving school at the age of 19, I was already making my living from tennis and could fully use the hours in school, for art.

The wisdoms that birthed from tennis gave direction to my art, and the art gave inspiration to my tennis lessons.

I radiated from the gifts involved, and from there the next opportunity was born.

Two subjects, new ideas and opportunities unfold in their liminal space. Leading to the next event with success in all the areas.

I was in a sport shop to buy tennis shoes with my sketchbook under my arm. The owner of the shop saw the drawings and asked if I wanted to draw their new catalogue. I said yes. Born from the child between tennis and art.

My life has continued to develop from the same approach.

Life naturally continued to grow like a tree, with new branches and roots coming from the field that was last present, metaphysically from the same stem.

I came to have exhibitions in the biggest art halls in Scandinavia and travelled the world.

Leadership and strategic intuition from tennis took me to be a leader in the art space.

I became a city planner from the artist perspective and later a consultant in the corporate field, then a leadership coach, and onto co-creating the brands of entrepreneurship and how to implement entrepreneurship into education in university.

I then owned a refugee camp (unfolded from my life, travelling the world) I had also many more successful careers that seemingly are far away from each other.

They are all children from saying yes to life and having impulses from different aspects of life together with my inner rudder and inbuilt core intention. The subjects' mutual teachings led me to explore innovation and creation from a deeper perspective, and it led me beyond the academic and into creation itself.

In the last 10 years the creativity has taken me to the art of healing in different aspects; reading the akashic records, shamanic practices and vocal sound healing. Writing three books about the paradigm shift, it was my different occupations that led me to write the books.

I live guided by my inner voice and open to the flow of life. Through life's experiences a condensed metaphysical wisdom has made my evolution. It seems like magic, and yes creation is magic when we let it flow through us.

How I Inaya implements Divine Duality with my Clients and in my Retreats

The world view of Divine Duality is the stable ground in all my offers, and our body has inbuilt tools to heal from the old paradigm, and to create a field of creation in its place.

We are born to live in this energy, and it makes all so easy, just knowing how to activate the buried functionality that exists in the human construction.

The world view needs to go hand in hand with the healing tools, helping us to not stumble back into the old way of creating reality.

In the old paradigm humans were needed to be customized to a culture to be able to hold away chaos from the system. It is a powerful projection into our surroundings, and the healing work will be disassembled if it controls our mind.

The path to release the old and to come into harmony with ourselves is as a newborn.

I create a space like a womb of healing energies and trust, together with the awakening to pure potential that lives natural within every person.

As the bible is written with metaphors, we build a better bridge between realities when given stories and inner experiences.

There we have a stable ground to step into the world, and our new inner worldview will itself create the world around us.

We are powerful beings of creation and don't need to fit in anywhere.

The world where we live is a co-creation from individuals, and we will attract what we seek.

There is so much scientific magic that I implement about the knowledge of creation itself, and it is seamlessly leading to understand the world beyond our earlier schoolings.

Primordial forces of creation that makes all manifest.

We need to know from the very essence of life, to be able to rewire and come to an inner knowing. A world view beyond cultures and religions, belonging to us all.

The source of living energy; Yin/Yang is taking us to the core of abundance.

Our energy field surrounding us, is similar to the sun, breathing out so much more power than it breaths in. We learn how to let it flow without contradictions.

It is a healing process.

My treasure box of Shamanic training in many years, my readings in the akashic records, my knowledge about the realms beyond what we see, and my background as an artist and coach is always there matching my clients existing needs of the now.

How to circulate energy into transformation.

We have lived in a perception bouncing between the purity of our individuality, and the absent of light story of the same, where we are isolated from our wisdom.

Our inbuilt master of creation and the other side; our destructor.

The worldview has created deep wounds of trauma and stucked emotions.

With the worldview of how everything is in an intimate connection with each other, we will not create those traumas any longer.

Our living will not create shadows any more, and we can heal the old with tools that merge our counterparts into oneness, and then back to the creative liminal space.

With natural inbuilt tools in our systems, we can transform those old energies out from our wounded stories.

Life is bigger than our stories, lifting our gaze to experience life in reality, is the path.

We need to connect to the wonder of creation, and take part.

The understanding about how spirit can descend into physical form, becoming conscious materials, makes such a big difference to our idea about what we are trying to connect with.

A Practical Example

How oneness became multidimensional via the big bang or GOD, is identical to our main chakra system.

By drawing the sacred geometric form of source expansion; The Flower of Life, circle by circle, and experience its different spectra's of consciousness, and in the same time activate chakra by chakra, we integrate our birth together with the birth of the Cosmos.

Drawing the cosmic evolution color by color and moving our body to the sound of each of them, creates integration. And integrating the evolution of oneness into bodily assimilation, creates no way back.

We now know and have established our integration with natural law.

It creates an ongoing presence in alignment.

We become integrated with the deep knowledge about the first expansion of source consciousness, becoming multidimensional with its primordial sounds and colors.

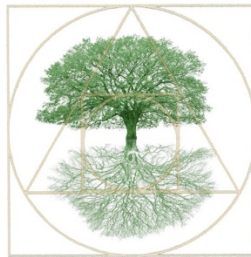
We are getting whole and recreate our origin.

What is happening in this process is that our energetic field expand from our empathy in our creation and movement of the body, and activate this very part of us, and the state of wonder appears. The wonder of existence itself where we are imbedded. And the wonder vibrate our God spark within, with such a soothing energy, that it enlightens us from the traumas that we held. As said, life when we experience it in its micro and macro cosmos is so much bigger that our stories from our past. They cease to exist in the now.

When I meet clients in healing sessions, I integrate the healing with tools for themselves, and understandings of the healing, to make them own their part of being a healer in their own lives. When we understand the broader perspective, we naturally enter the world of Divine Duality.

Welcome home to the next level of YOU!

Inaya



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